

Inventory of Offering

Name (*optional*) _____

Think through the various aspects of your life – where are you constricted? What might you offer more freely?

In your relationships?

In your work?

In your time at home, alone or with others?

In your recreation?

In your health?

In your spiritual life and church?

In activities of justice and mercy?

In your social networks?

Look at that list : *turn over page*

Is there anything you've noticed in doing this inventory that you'd like to take action on?

Who do you need to support you in this action?

Comments?