

Practicing the Way of Love

Small Group Participant Worksheet



Week 1: Rule of Life

Practice:

I commit to:

How often, and when?

Practicalities:

What resources, including people, do I need to support this practice?

What do I need to stop doing to make room for this practice in my life?

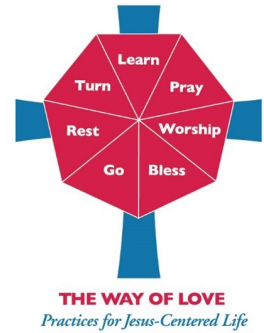
How do I hope I will change as a result of incorporating this practice into my life?

Who or what will hold me accountable?

Thoughts:

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Week 2: Turn

Practice:

I commit to:

How often, and when?

Practicalities:

What resources, including people, do I need to support this practice?

What do I need to stop doing to make room for this practice in my life?

How do I hope I will change as a result of incorporating this practice into my life?

Who or what will hold me accountable?

Thoughts:

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Week 3: Learn

Practice:

I commit to:

How often, and when?

Practicalities:

What resources, including people, do I need to support this practice?

What do I need to stop doing to make room for this practice in my life?

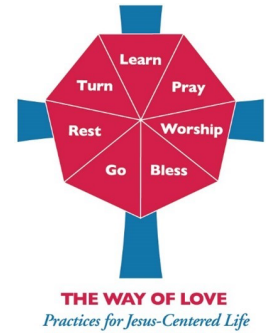
How do I hope I will change as a result of incorporating this practice into my life?

Who or what will hold me accountable?

Thoughts:

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Week 4: Pray

Practice:

I commit to:

How often, and when?

Practicalities:

What resources, including people, do I need to support this practice?

What do I need to stop doing to make room for this practice in my life?

How do I hope I will change as a result of incorporating this practice into my life?

Who or what will hold me accountable?

Thoughts:

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Week 5: Worship

Practice:

I commit to:

How often, and when?

Practicalities:

What resources, including people, do I need to support this practice?

What do I need to stop doing to make room for this practice in my life?

How do I hope I will change as a result of incorporating this practice into my life?

Who or what will hold me accountable?

Thoughts:

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Week 6: Bless

Practice:

I commit to:

How often, and when?

Practicalities:

What resources, including people, do I need to support this practice?

What do I need to stop doing to make room for this practice in my life?

How do I hope I will change as a result of incorporating this practice into my life?

Who or what will hold me accountable?

Thoughts:

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Week 7: Go

Practice:

I commit to:

How often, and when?

Practicalities:

What resources, including people, do I need to support this practice?

What do I need to stop doing to make room for this practice in my life?

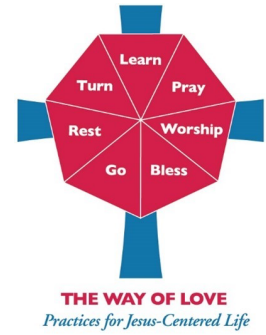
How do I hope I will change as a result of incorporating this practice into my life?

Who or what will hold me accountable?

Thoughts:

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Week 8: Rest

Practice:

I commit to:

How often, and when?

Practicalities:

What resources, including people, do I need to support this practice?

What do I need to stop doing to make room for this practice in my life?

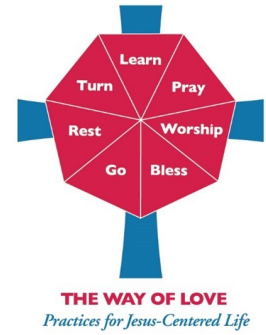
How do I hope I will change as a result of incorporating this practice into my life?

Who or what will hold me accountable?

Thoughts:

Practicing the Way of Love

Writing My Rule of Life Worksheet



Turn:

Commitment

How often, and how?

Learn:

Commitment

How often, and how?

Pray:

Commitment

How often, and how?

Worship:

Commitment

How often, and how?

Bless:

Commitment

How often, and how?

Go:

Commitment

How often, and how?

Rest:

Commitment

How often, and how?

Accountability

What are the obstacles I will likely encounter while trying to live my new rule of life?

What can I do to overcome these obstacles?

How do I hope my life will change because I adopted the Way of Love?

Actions I will take to help others in my group keep their new rule of life:

Date I will meet with my small group to review my rule of life