Yesterday when we were out for our afternoon walk we spotted this rock just outside the front doors of the church. I'm not sure how it arrived there, but the words "I see trees of green" have been written on it. As soon as I saw it, I smiled, and started humming the song "What a wonderful world".

Our world is wonderful, our world is messy, our world is deeply interconnected, and our world is held in God's love.

Please join me in this meditation with Julian of Norwich...

"I saw that God was everything that is good and encouraging.

God is our clothing

that wraps, clasps and encloses us so as never to leave us.

God showed me in my palm a little thing round as a ball about the size of a hazelnut.

I looked at it with the eye of my understanding and asked myself:

'What is this thing?'

And I was answered: 'It is everything that is created.'

I wondered how it could survive since it seemed so little it could suddenly disintegrate into nothing.

The answer came: 'It endures and ever will endure, because God loves it.'

And so everything has being because of God's love."

Peace be with you, friends.

