

SERMON NOTES

7th Sunday after Pentecost, Proper 10, Year B • July 11, 2021

Sermon by the Reverend Tom Rutherford

2 Samuel 6:1-5, 12b-19 • Psalm 24 • Ephesians 1:3-14 •

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Mark 6:14-29

Why We BE

Ephesians 1:3-14

³Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with EVERY SPIRITUAL BLESSING in Christ.

⁴For he CHOSE US in him BEFORE THE CREATION OF THE WORLD to be holy and blameless in his sight. In love ⁵he PREDESTINED US FOR ADOPTION to sonship through Jesus Christ...

⁷In him WE HAVE REDEMPTION through his blood, the FORGIVENESS OF SINS, in accordance with the riches of God's grace ⁸THAT HE LAVISHED on us with all wisdom and understanding...

¹¹In him we were also chosen, having been predestined according to the plan of HIM WHO WORKS OUT EVERYTHING IN CONFORMITY WITH THE PURPOSE OF HIS WILL,

¹²IN ORDER THAT WE, who were the first to put our hope in Christ, MIGHT BE for the praise of his glory.

¹³And you also were included in Christ when you heard the message of truth, the gospel of your salvation. When you believed, YOU WERE MARKED IN HIM WITH A SEAL, the promised HOLY SPIRIT, ¹⁴who is a DEPOSIT GUARANTEEING OUR INHERITANCE until the REDEMPTION OF THOSE WHO ARE GOD'S POSSESSION —to the praise of his glory.

Next Week's Lessons

2 Samuel 7:1-14a * Psalm 89:20-37 * Ephesians 2:11-22 *

Mark 6:30-34, 53-56

Chewing on Our Daily Bread

Questions for conversation with your family, Home Group, or a friend

1. What's a blessing you've received recently – from God, from anyone else, or just from life?
2. Before the creation of the world, God chose you to be his and to be adopted as one of his children. Do you feel "chosen?" If so, what does that mean to you? If not, why not? And what would it take for you to feel "chosen?"
3. God promises to forgive us for all our mistakes and poor choices, if we ask. Do you feel forgiven? Why or why not? And if not, have you asked him to forgive you?
4. God doesn't DO or CAUSE everything that happens, but God works THROUGH everything that happens to bring some good out of it. What's a painful event or difficulty in your past that God has worked through to bring about something good in your life?
5. PRAY:
 - ◆ Thanking God for your recent blessing.
 - ◆ FROM #3: If you don't feel forgiven, ask God to forgive you and to help you forgive yourself.
 - ◆ FROM #4: Thanking God for the good he brought out of that situation.
 - ◆ Asking God to bring good out of any difficulty you're facing now.
 - ◆ For any needs in your group.