

SERMON NOTES

5th Sunday in Lent, Year B * March 21, 2021

Sermon by the Reverend Julie Altenbach

Jeremiah 31:31-34 * Ps 119:9-16 * Hebrews 5:5-10 * John 12:20-33

Tame Our Unruly Hearts

Jeremiah 31:33 “ This is the covenant I will make with the people of Israel after that time,” declares the Lord. “I will put my law in their minds and write it on their hearts. I will be their God, and they will be my people.”

Psalms 119:11 I treasure your promise in my heart that I may not sin against you.

Psalms 119:13 With my lips will I recite all the judgments of your mouth.

Psalms 119:15 I will meditate on your commandments and give attention to your ways.

Collect for the Fifth Sunday in Lent:

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

NEXT WEEK'S LESSONS

Isaiah 50:4-9a * Ps 31:5-16 * Philippians 2:5-11 * Mark 14:1-15:47

Chewing on Our Daily Bread

Questions for conversation with your family, Home Group, or a friend

1. What have you been holding on to that you need to turn over to God?
2. When in your life have you chased after what you thought would make you happy, but brought heartache instead?
3. What habit have you successfully been able to stop?
4. Share how you spend time reading God's word or ask for suggestions for how you can make this a new habit.
5. PRAY:
 - ✦ Thanking God for giving us His word to study and commands to follow.
 - ✦ Thanking God for the helping you give up habits that aren't healthy for you physically, emotionally or spiritually.
 - ✦ Asking for help in giving up the unhealthy habits keeping you from experiencing an abundant life with Him.
 - ✦ For any needs in your group