THE MESSENGER March 2021

A Publication of the Episcopal Church of the Messiah



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Sunday Services:

Sunday Services:

8:00 am..Traditional Communion

9:30 am.....Family Communion

(Livestreamed)

Drive Thru Communion

Sundays 11-Noon

&Mondays Noon-1 & 5-6

9:30 am..... Sunday School

11 am....Contemporary Communion

4:00 pm. French Service

(Livestreamed)

5:00 pmDiving Deeper Bible

Study with Father Tom Rutherford

7:00 pm.....Casual Communion

Wednesday Service:

10:00 amCasual Communion

11:00 am Bible Study

Head of Church: Jesus Christ

Bishop: The Rt. Rev. Greg Brewer

Rector: The Rev. Tom Rutherford 321-945-3958 TomRutherford@ChurchOfTheMessiah.com

Associate Priests:

The Rev. Soner Alexandre 407-452-2952

SonerAlexandre@ChurchOfTheMessiah.com The Rev. Dr. Richard Gonzalez 239-777-0369

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Deacons: The Rev. Julie Altenbach 407-462-8001 JulieAltenbach@ChurchOfTheMessiah

The Rev. Sam Katulic 321-230-4756

DeaconSam@ChurchOfTheMessiah.com

The Rev. Tim Wetherington 407-342-4484

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Treasurer: Bob Tate treasurer @ChurchoftheMessiah.com

Staff: Jeremy Adams, Facilities & Music Minister

Julie Altenbach, Office Minister

Jane Cartelli, Finance Minister

Barbara Ellerbe, Preschool Director, 407-654-8415

Linda Ellison, Music Minister

Angela Lopez, Children's Minister

Vita Mazzaluna, Media Minister

Office Hours: Monday through Friday

9am—5pm

241 North Main Street Winter Garden, Florida 34787

Who Ya Gonna Call

LOVING GOD INREACH	LEADER	PHONE	EMAIL
Acolytes	Murph Borno	407.413.4220	Louis.m.borno.civ@mail.mil
	Trudie Carr	321.287.6478	Trudie21@cfl.rr.com
Altar Guild	Karen Stewart	407.625.7615	Kstewart1208@yahoo.com
	Jennifer Roper	407.760.2393	Jennifer.roper@yahoo.com
Building Maintenance	Chris Brown	407.864.1708	CG_Brown@Live.com
Children's Ministry	Angela Lopez	321.287.9089	Angelalopez@churchofthemessiah.com
Daughters of the King	Jacqui Arthurs	407-656-3218	jac.arthurs@gmail.com
Lay Weeders/Landscapers	John Peacock	407.758.2728	jpeacox@cfl.rr.com
Music/Choirs/Band	Linda Ellison	407.417.4229	Lakesongmusic@gmail.com
Prayer Chain	Elise Bradford	407.876.2557	eliserb535@gmail.com
Prayer Intercessors	Wally Stewart	407.468.2545	Stewart3rd@aol.com
Central Scheduling Ushers/Greeters/Lectors/LEMS/LEVS	Mary Kay Predmore	352.551-4293	Marykayp413@aol.com
LOVING GOD OUTREACH	LEADER	PHONE	EMAIL
Christian Service Center	Doreen Stachowski	407.717.5888	Stach45T@aol.com
Communications/Publicity	Joe Eiden	919.523.1869	eidenj@gmail.com
Habitat for Humanity	Bob Tate	407.247.0219	tater7134@gmail.com
Church Outreach	Doreen Stachowski	407.717.5888	Stach45T@aol.com
Pre-School	Barbara Ellerbe	407.654.8415	barbaraellerbe@churchofthemessiah.com
Refugee Team	Murph Borno	407.413.4220	Louis.m.borno.civ@mail.mil
LOVING EACH OTHER	LEADER	PHONE	EMAIL
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Casserole Patrol	Deacon Julie Altenbach	407.462.8001	juliealtenbach@churchofthemessia.com
Coffee Hour	Kelley McRae	407.877.0463	kemcrae@hotmail.com
Fun & Fellowship	Wendy King	407.928.8132	wbking@cfl.rr.com
Grief Groups	Jill Brown	407.656.5776	Jlbrown656@embarqmail.com
Hurricane Disaster Response	Murph Borno	407.413.4220	Louis.m.borno.civ@mail.mil
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Church Library	Regina Seguin	407.865.3865	libray@churchofthemessiah.com
Men's Supper	Wally Stewart	407.468.2545	Stewart3rd@aol.com
	-		
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Newsletters/Bulletins	Deacon Julie Altenbach	407.462.8001	juliealtenbach@churchofthemessiah.com
Nursery/Childcare	Angela Lopez	321.287.9089	Angelalopez@churchofthemessiah.com
Office Angels	Deacon Julie Altenbach	407.462.8001	juliealtenbach@churchofthemessiah.com
Parish Nurse	Barbara Knappman	630.470.1405	barbnap@msn.com
Pastoral Care	Joyce Taylor	407.222.1290	shadesfan@aol.com
Transportation Aid	Joyce Taylor	407.222.1290	shadesfan@aol.com
Wednesday Evening Bible Study	Joe Wolfe	407.656.4226	Wolfejns@aol.com
Women's Dining Club	Janice Hull	407.413.4220	Jhull1049@gmail.com
Youth	Murph Borno	407.413.4220	youth@churchofthemessiah.com



The Messiah Ministry Mill

Every congregation does a few things well.

One of the things the Messiah family does well is Develop Leaders.

From our conception in early 1950, strong leaders have emerged, risen to the top, and then developed other leaders.

Our first leaders were lay people with the initiative, energy, and vision to go to the Bishop and ask his blessing to start an Episcopal Church in Winter Garden. They didn't ask the Bishop to make it happen; They said, "WE are ready to do this. May we have your blessing?"

Wise leaders say "YES!" to other leaders, and the Bishop wisely granted permission to proceed.

Those lay leaders recruited the priest from St Matthias Church in Clermont to come – and bring Prayer Books and Hymnals! – to birth the Church of the Messiah. The priest celebrated and preached, but it was those layfolks who borrowed and rented places to meet, set up the chairs, built a portable altar, and cleaned up after each service. And then they did it again the next week... and the next... and the next for 3 years until we built our first building.

Those lay leaders developed other leaders, who, through the rest of our history, started ministries, raised resources, built buildings, planned and pulled off events, played and sang music, and grew our parish family into the healthy congregation we are today.

The Messiah family has been blessed with scads of faithful, energetic, and diligent people, but we have prospered and succeeded as we have, because leaders among us channeled those folks' faith, energy, and diligence to build the parish we enjoy now.

God has blessed us with strong lay leaders for 70+ years, and, for the past 20 years, we've also been raising up and developing a string of competent confident ordained leaders:

- Deacons Fred & Jo Wilcoxon, Tim Wetherington, and Sam Katulic, with Bradford Fisher in the pipeline now to be ordained a Deacon this fall.
- Deacons and then Priests Richard Bordin and Tracy Dugger, with Laura Cook halfway through seminary to be ordained in 2022.
- † In addition, we've taken Deacons who felt called to Priesthood and worked them through to ordination: Greer McBryde, Fred Wilcoxson, and Richard Gonzalez.
- And we've contributed to others' ordination processes by taking them on for their Field Education as they prepared to be Deacons: Danielle Morris, Ed Bartle, Debby Buechner, Rusty Hazelrigg, Nancy Dushensky, and Julie Altenbach... whom we stole and kept!

This year, we have an opportunity to crank out another ordained leader from the Messiah Ministry Mill by calling an Apprentice Rector.

The Apprentice will be a newly ordained person we bring into the Messiah family for up to three years to form and love and nurture and equip them to be a Rector on their own – like we did with Father Richard Bordin and Mother Tracy Dugger. As an Apprentice, we understand they're here primarily for THEIR benefit, not ours. Yes, we hope they'll bless us in time, but it will take time before they're competent and confident enough to be worth what we pay them.

The Good News is: unlike we did with Richard Bordin and Tracy, we won't have to pay ALL the costs for their time among us.

That IS Good News, because clergy are expensive. The "Minimum Annual Clergy Compensation Package" in our Diocese is just north of \$100,000 when you include stipend, housing, pension, and medical insurance.

Here's how we're trusting God to provide:

The Vestry allocated \$50,000 in our budget for the first year of an Apprentice, but that covers only half of the cost.

I intend to cover the rest from grants.

The Diocese secured a \$1 million grant to support 3 such Apprentices in 3 healthy parishes, to be mentored by 3 seasoned Rectors.

Who's healthier that we? And who's more seasoned than I?

The criteria and requirements for those grants just came out, I'm applying for one in the next week or so. I fully expect to win one!

The Episcopal Church Foundation (ECF) also offers grants of up to \$15,000 for leadership development, and I've applied for one of those, too.

If we receive the grants, both the Diocesan and the ECF grants are renewable at lower amounts for two more years, and I certainly intend to apply to renew.

If we receive those grants, we could have our Apprentice as early as this summer, which is when folks graduate from seminary and are available to start.

Please pray:

For God to provide the funds for an Apprentice...

- ...and for God to provide the right Apprentice as well someone we can love, form, educate, equip, and prepare to take his or her place as a Leader in the Church...
- ...Because developing leaders is one of the things we do VERY well!

I love you all.



Vestry Minutes * February 18, 2021 @6:00 p.m.

2021 Vestry

Marci Babione, Children & Youth Email: mbabione@bkc-cpa.net

Steve Borst, Fun & Fellowship Email: BorstSF@gmail.com

Ron Bouton, Properties

Email: eronbo47@gmail.com

Chris Brown, Junior Warden, Properties

Email: CG_Brown@Live.com

Joe Eiden, Missions & Evangelism Email: eidenj12@gmail.com

Wendy King, Fun & Fellowship Email: wbking@cfl.rr.com

Ron Lancioni, Worship

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Brian Seguin, Communications & Publicity

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Doreen Stachowski, Missions & Evangelism

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Wally Stewart, Business and Development

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Bob Tate, Treasurer

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Sarah Wolfe, *Pastoral Care* Email: wolfejns@aol.com

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Linda Ellison, *Music Minister* Email: lakesongmusic@gmail.com

Angela Lopez, Children's Minister

Email: AngleaLopez@ChurchOfTheMessiah.com

Vita Mazzaluna, MediaMinister

Email: VitaMazzaluna@ChurchOfTheMessiah.com

Vestry Door Duty for March

Opener at 7:30am: Joyce Taylor

Closer after 1:00pm: Joe Eiden

Vestry Meeting Host: Wendy King

2021 Financial Report

(as of January 2021)

Operating Income......\$71,258.76

Operating Expenses.....<u>\$48,981.65</u>

NET.....\$22,277.11

ALL Building Fund Income....\$11,294.83

ALL Building Fund Expense...\$112,326.06

NET.....(\$101,031.23)

Rector: The Rev. Tom Rutherford - 321-945-3958

TomRutherford@ChurchOfTheMessiah.com

Associate Priests:

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The Rev. Sam Katulic 321-230-4756

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The Rev. Tim Wetherington 407-342-4484

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Treasurer:

Bob Tate

Treasurer @ChurchOfTheMessiah.com

2021 February Vestry Minutes Thursday * February 18, 2021, * 6 pm

Present (in person or by ZOOM video conferencing): Present (in person or by ZOOM video conferencing): Rector Tom Rutherford, Senior Warden & Clerk Joyce Taylor, Junior Warden Chris Brown; Marci Babione, Steve Borst, Ron Bouton, Joe Eiden, Wendy King, Ron Lancioni, Brian Seguin, Doreen Stachowski, Wally Stewart, and Sarah Wolfe; Treasurer Bob Tate.

Absent: None

I. **FORMATION**: Wendy King led Compline. Based on Exodus 18:5, 7-9, 13-27, Tom Rutherford talked about Shared Leadership, so we don't repeat Moses' mistake; and how we make Decisions by Consensus.

II. <u>INFORMATION:</u>

- A. Vestry Ministry Team Reports:
- 1. **Outreach Team:** Doreen Stachowski and Joe Eiden report: The Team met. Participants were: Doreen and Tom Stachowski, Angela Lopez, Joe and Amy Eiden, Marsha and Jay Dymond, Vita Mazzaluna, Patty and Bob Tate, Julie Altenbach, and Alexis Whitted. Here are our plans for 2021:
 - a) Christian Service Center: continue collecting food on Bag Sundays for their pantry. We will recruit more Volunteers to serve lunches and give \$3000 in February to help with the repair of the oven, steam cleaning and waxing floors, and new shelves for the pantry.
 - **b)** Food Gift Card for Parish Families: we spend \$150 per month, and Father Tom distributes them within the church family.
 - c) Father Soner Utilities: Finance Minister Jane Cartelli pays \$300 per month for house utilities and charges that to the Outreach budget.
 - **d) Apopka Pregnancy Care Center:** We will recruit Volunteers, participate in their Baby Bottle Boomerang yearly fund raising, and give \$3000 in April to buy new learning materials for the center and for their overall budget.
 - e) Dillard Street Partners in Education: We budgeted \$1500 for the year for school activities and needs. Children's Minister Angela Lopez will partner with them on special needs in 2021.
 - **f) Habitat for Humanity:** recruit Volunteers as needed during the year. Give \$5000 in June and, if the budget allows, another \$5000 in Nov/Dec to sponsor a home (total \$10,000).
 - **g)** Holiday Food Baskets: spend \$1000 at Thanksgiving and again at Christmas for food baskets, even as we ask parishioners for donations of canned foods.
 - h) Foster Friends of Central Florida: Give \$500 for take-out meals, special gifts, and Christmas.
 - i) Edgewood Children's Ranch: give \$2000 and gather more information to discuss how we can assist with food or activities with the Administrator at the Ranch, with in their COVID restrictions. We hope to give them a Christmas party with gifts, but that will be determined later in the year.
 - j) **Information on Operations Christmas Child:** publicize the Online option shared in November and let folks know Shoe boxes can be filled online now.
 - k) **Servicemen/women Outreach:** Give \$200 for letters and packages sent overseas to servicemen and women serving our Country, and find out more how we can partner with them.
 - 1) **Hope Center:** Give \$500 to the current center in Clermont, which is hoping to expand to Winter Garden, and gathering more information on how we can partner with them.
 - m) **Future meetings will be held quarterly**. The next Outreach meeting is Tuesday, May 18, 2021 at 6PM in the Parish Hall.

B. Staff Reports:

1. Children of the Messiah Preschool: The Financial Report was emailed separately.

2. Children's Minister Angela Lopez reports:

- a) Children's Church: We are still in our NON- Avenger series, learning about Bible heroes who forgive and how we can be like them. I am continuing to email out lessons as well as having a link to them on the children's page of the website. I will be coordinating with an attendee of the 4 pm service to let them know that SHINE is their version of Children's Church. I want to make sure they all know that they are invited! I currently have 3 children who regularly attend, but there are a handful more that I would like to have join us.
- b) SHINE: We are still working on the Nicene Creed, breaking it down, doing puzzles and learning all the tough words. We took a break and had Messiah Mall and ice cream one Sunday. We also played games together prior to the Annual Parish meeting
- c) General Ministry: After surveying the parents they were more comfortable with Lent in a bag family activity packs than in person Little Lessons in Lent. I packaged up several family activities including a bible reading plan, picture Lent safari, a give it up journal, disappearing sin project, and several treats and surprises.
- d) I am planning an Easter party, several families and volunteers are very excited about this. We missed this exciting time together last year.
- e) I will be hosting a School's Out Hang-Out day on March 12. That is the beginning of Spring Break. We are having a day full of adventures based on Flora and Ulysses. a children's book series recently made into a movie. The movie teaches about love and healing and friendship.
- f) I attended the 4 pm service as the Bishop was here to confirm/receive many people. 7 of the teens being confirmed were at some point in Children's Church, SHINE, and VBS with me. All of them have volunteered in either SHINIE or VBS, and I am very proud of them and excited to see how God is going to use them to change the world! Two of my current SHINE girls were with me and were amazed by the Bishop, the language and overall experience. One of them will be old enough to consider confirmation on the Bishops next visit to COTM. Her only fear was that she would have to perform a dance like this crop of young ladies did!
- g) Spring is the season of ministry meetings and seminars. Again, due to COVID, everything is online. I have registered for 4 days of training that will cover: bringing the Bible to life, current anxiety and stress on our kids due to COVID, preparing for Easter and ministering in a virtual environment.
- h) I am super excited and thankful to have been included in the plans for the Virtual Youth Revival hosted by MSftA. We are all super blessed to have awesome, creative coworkers to partner with who have a real passion for Jesus and our youth!
- i) Wendy King (my new vestry pal) and I had a phone meeting and will be having quarterly meetings to touch in and share ideas on how to safely host more crossover events. We are in talks about a Lenten movie night. I am so excited to have Wendy on vestry as the Children/Youth representative.

3. Media Minister Vita Mazzaluna reports:

I have made a lot of updates to the website in the current platform. I would LOVE to have Vestry and all of the COTM family check out each page, see what's new, explore the new menu organization, etc. to see if they feel it flows well. I have not updated many photos yet because we want to have updated staff, ministry, and group photos taken when COVID restrictions allow. My goal with the website is to have it "just the way we want it...for now" BEFORE moving it to another platform/host, a working rough-draft, so to speak. This way the rebuild will be super solid! Feel free to start exploring and telling others to do so as well!

- b) I have added the weekly announcement slides that Julie displays in the Narthex to each Sunday Service slideshow. We wanted to ensure that our at-home service participants have the opportunity to see the announcements and decided it wouldn't hurt to make sure everyone sees them!
- c) Next up: video commercials! Anyone that's organizing an event or group that would have had a LIVE commercial at Sunday services in the past, this is the new and updated version! Everyone will still be more than welcome to do in-person commercials at services. But, with pre-recorded commercials, the commercials can be seen at EVERY service, without the need for the deliverer to be at each service. I will be working on the best way to let organizers/ leaders know about the options for filming/submitting videos. Please contact me if you have a commercial need!
- d) We are going to be working on splitting out the sermons from the service as a whole to offer those "ala carte." Stay tuned for that!
- e) Lots of other ideas simmering for March/April! I'll report back!
- 4. Office Minister Julie Altenbach reports that she and/or the Office Angels:
 - a) Helped Finance Minister Jane Cartelli with preparation of online Giving Statements
 - b) Ordered matching tablecloths for the Narthex, and Debbie Rutherford altered them to fit all the tables
 - c) Set up hospitality for the Vestry Retreat and Diocesan Convention
 - d) Prepared the materials and set up notebooks for Vestry members for the retreat
 - e) Got membership cards from Restaurant Depot (a wholesale supply store) for our church and, with Wendy King, shopped for Shrove Tuesday Waffle Supper
 - f) Called to have the ice-maker repaired
 - g) Worked with Media Minister Vita Mazzaluna on various projects and purchased a lift-top table so she could have a desk and space to work in my office while she's on campus
 - h) Upgraded the hospitality table to make it look neater with COTM mugs provided by Children's Minister Angela Lopez
 - i) Wendy King and Esther Gonzalez organized and tidied the closets in the Parish Hall. Wendy labeled all the containers
 - j) Worked with Wendy King to organize Shrove Tuesday Waffle supper
 - k) Recruited volunteers for Shrove Tuesday supper
- C. **Apprentice Rector:** The diocese is finalizing the application criteria and process for allocating the \$1 million grant to support a residency program to train ordained leaders. Tom Rutherford is keeping up with this, and we are right on track with what we built into the budget to pay our part of an Apprentice. He will report more as details emerge.

III. **DISCUSSION** (to help make a decision next month): (None):

IV. **DECISIONS** (usually based on the Discussion last month):

A. **Our Diocesan Assessment:** Vestry agreed to pay the amount the Diocese requires this year: 10% of our Plate and Pledge Income from 2019, which is \$73,347. We also agreed for the Diocese to send the whole 15% our Assessment to the national Church.

B. Money from 2020 to allocate:

- 1. The Christmas Offering was \$7,066.91, and we ended 2020 with a combined Operating Fund and Building Fund surplus of \$14,864.27 for a total of \$21,931.18.
- 2. Vestry decided to use \$14,000 to prepay principal on our mortgage and tuck the remaining \$7,931.18 in the Contingency Fund.

V. <u>MEETING MINUTES & FINANCIAL REPORT</u>:

- A. Minutes from the last month's meeting: APPROVED.
- B. Last month's Financial Report from Treasurer Bob Tate: APPROVED.
 - 1. **Operating Account**: Giving last month was \$22,277.11 MORE than expenses, so we begin the year with that much SURPLUS!
 - 2. **Building Fund** net income last month was \$1,031.18LESS than our \$11,996.01 monthly mortgage and other expenses, so we begin the year with that much DEFICIT.

Meeting closed with prayer and adjourned at 7:00.

Respectfully submitted,

Joyce Taylor, Vestry Clerk



Event Commercials During ALL Our Services

Media Minister, Vita Mazzaluna is now creating commericals to show during all the services.

If you have an event that needs to be adverstised, please contact Vita at VitaMazzaluna@ChurchOfTheMessiah.com



If you need assistance registering for the vaccine online, call the office and we can help you if you need assistance.

407-656-3218



Changing the world for Jesus: one child, one person, one family, one community at a time.



Father Tom Rutherford attended the
Ordination of Deacons at
Cathedral Church of St. Luke
on February 8th.

Father Tom serves on the Commission on Ministry and is a friend and representative to folks in the process of being ordained.

Father Tom is pictured with one of those folks, Frans van Santen, Ordinand.



February was registration month at the preschool. I am happy to report that our numbers are looking great for next year. We have very limited space still available for the 2021-22 school year. If you know of someone who is interested, please have them call the preschool office at 407-654-8415.

In February, we also said farewell to one of our beloved Pre - K teachers. Taffy Howard. Taffy resigned her position due to a family move. The children and teachers will miss Taffy very much. Due to reduced numbers caused by COVID 19, we were able to combine Taffy's class with Stacey Duppenthaler's Pre-K classroom. The children adjusted easily to the move because Taffy and Stacey worked closely together combining for fun class projects which included both groups.

I would like to end with saying a personal thank you to our fantastic preschool staff. I have been away a great deal due to a family emergency. Thankfully with technology and Father Tom's blessing, I have been able to work remotely. The preschool has continued to run smoothly due to the efforts and hard work of our amazing staff. They are truly the best!

Barbara Ellerbe



Picture Days - March 1 and 2

Teacher Staff Meeting - March 12

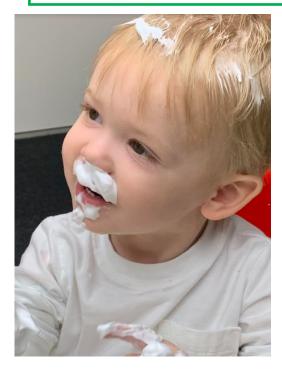
Spring break - March 15 - March 21

School Advisory Council Meeting -

March 24



Preschool Jun













Lent in a bag!

I hope you are all enjoying your Lent in a bag activities! I pray that this is the LAST year that we have to do distance activities, I miss you all so much! Keep sending in pictures for me to include in the Google Class Lessons and to put in the messenger! Kids can keep earning Messiah Money at home!! If your child does not have school on March 12, I hope they will join me for our "schools out hang out day"! Please remember to check the SHINE Facebook page and the church website for updates and information. I am planning VBS -- Just a heads up-- June 21-25. I am looking for volunteers, if you think you might be interested, lets talk! Angelalopez@churchofthemessiah.com





Ashes for Ash Wednesday courtesy of some SHINE

kids!



To equip his people for works of service, so that the body of Christ may be built up Ephesians 4:12

Dear Parish Family,

The COTM Outreach Team held its first meeting on February 9th and we wanted to share the ways we will be supporting our community on behalf of our church this year. Through financial donations and volunteers, we support the following organizations:

Christian Service Center	https://www.christianservicecenter.org/
Apopka Pregnancy Center	http://www.apopkapregnancy.org/
Dillard Street Partners in Education	https://dillardstreetes.ocps.net/
Habitat for Humanity	https://www.westorangehabitat.org/
Foster Friends of Central Florida	<u>Iwillprevail.org</u>
Edgewood Children's Ranch	https://edgewoodranch.com/
Operation Christmas Child	More information will be coming
Friends of the Troops	https://www.friendsofthetroops.org/

For ways you can get involved check the next page or contact

Doreen Stachowski at

Stach45t@aol.com



If you would like to be involved in our outreach ministry, please pray for these organizations. If you would like to volunteer, below are listed some ways you can do so.

Please contact Doreen Stachowski at Stach45t@aol.com

Christian Service Center:

- 1. Volunteer Monday—Friday from 9-12:30 one day a week or more.
- 2. Prepare salad for 100-160 people.
- 3. Prepare fresh fruit for 100-160 people.
- 4. Sweep the kitchen and surrounding areas.
- 5. Wash dishes from the cook and salad makers.



Doreen, Amy and Anida at the Christian Service Center

Father Tom, Cherie, Bob & Patty at a groundbreaking ceremony.



Apopka Pregnancy Care Center:

- 1. Volunteer Monday—Friday from 10:00-4:00 one day or a 4 hour shift.
- 2. Greet clients and assist with pregnancy test.
- 3. Explain how the women can earn points to purchase what they need for the baby.
- 4. Stock and clean in the boutique.
- 5. Iron baby cloths in the boutique.
- 6. Counsel women on their needs, help with written materials and homework from videos.
- 7. Work with Director on special need issues (adoptions).

*Training is provided before you volunteer.



Activate volunteering at the Apopka Pregnancy Center

Contact Bob Tate at: tater7134@gmail.com to learn how to get involved with





As we start the recovery from the Polar Vortex weather we have had this past month, we are looking to begin having 2 in-person, socially distanced youth gatherings each month. The first is tentatively scheduled for March 13th. I am also looking for interest in attendance at New Beginnings at Camp Wingmann on April 10th. It is a one day event, from 10 am- 3 pm, with a cost of \$35. Anyone who may be interested, please let me know so we can coordinate the registration and logistics details. We will continue to have weekly Zoom meetings on the weeks we do not get together. Please reach out and check on your family, friends, and neighbors to share a little love and hope. There are many people who are struggling mentally, emotionally and spiritually. We as a group/family endeavor to serve and minister to them in safe and loving ways. Please pray with the youth and me, that people will have faith that GOD will provide courage, strength and peace as he leads us through the valleys ahead. He will if you let him! We have the most awesome kids, make sure you tell them that you love them as often as you can! Please reach out if you are in need of anything (prayer, logistics support, conversation, etc.), we are here to love and serve you.

Grace and Peace
Murph Borno
Activate Youth Minister

YouthMinister@ChurchOfTheMessiah.com



Thank you to all the Activate Students that helped with the Shrove Tuesday Waffle Supper.





The Daughters of the King, Messiah Chapter, have decided to do a service project each month. We are excited to offer all of you the opportunity to help when possible if you choose. We will let you know more details in the months to come.

This month, we mailed a care package to our Seminarian, Laura Cook, in Canada. Included in the care package was a prayer shawl from the Prayer Shawl Ministry, notes of love and encouragement, some things from home she has been missing and some of her favorite snacks she can't find in Canada.



Making Anglican Prayer Beads and using them during our prayer time.

For more information contact:

Jacqueline Arthurs, <u>jac.arthurs@gmail.com</u>, Marsha Dymond, <u>nuttylady@aol.com</u> or Julie Altenbach, <u>juliealtenbach@churchofthemessiah.com</u>

Currently, we meet the 2nd Monday of each month in the Library at 5:30pm



The book I read this month was a good sequel to the one I reviewed last month—"Ordering Your Private World," by Gordon MacDonald. It is "The Strength You Need" by Robert I. Morgan, with addenda at the end of each chapter by his wife, Katrina, who is an invalid. He picked 12 verses from Scripture dealing with drawing strength from the Lord and His Word. I plan as my Lenten discipline to commit these verses to memory and, with God's help, to music as well. One such verse that the Lord REALLY hammered home with me was the last verse of Isaiah 40: "They that wait on the Lord will...rise up on wings like eagles. They shall run and not be weary; they shall walk and not faint." It "attacked" me every time I turned around! I felt like saying, "Okay, Lord, I've got it!" And of course the other verses were just as powerful. It's a wonderful devotional.



Through the Valley
of the Shadow of Death
Grief Group
New Group April 11th-May 16th
Meeting on Sundays at 11:00 am in the library.

For more information or to sign up:
Contact Jill Brown at jlbrown656@embarqmail.com
Sarah Wolfe at wolfejns@aol.com
Linda Gold at goldlj@icloud.com
Julie Altenbach at juliealtenbach@ChurchOfTheMessiah.com



The Chronicles of Seminarian Laura Cook

Hello From the Great White North!

Man it has been a wild month is seems! The city of Toronto is still on a stay at home order which means I'm still in isolation in the building. At this point it's been months (since November) and that has been quite hard. Classes are going well and I am still excited about them and learning a lot, even in the midst of the shutdown and the fact that they are all on Zoom.

I have been nominated for Senior Student next year, which is basically President of Student Council. I'm the only nominee so by next month's update I will hopefully be writing to you as Wycliffe's Senior Student! I am very excited about this possibility and the opportunity to serve in this role next year, even with so many unknowns and the reality that we will probably still be online.

Last week was our reading week (the week we get off to catch up on all our reading) and for the first time ever, I took some days off! Though Toronto is on a stay at home order, the rest of Ontario finally opened up and the mean-SKIING! My friends that moved back from Texas in December (that I am unable to see due to the isolation order) invited me to go skiing with them, so I took myself to the mountain! It was amazing! This Florida girl took to the bunny slopes surprisingly well. It was so fun to get to have a small slice of community again and do something fun! I didn't get any pictures of me actually skiing, as I was focusing on staying upright, but I have included some of us enjoying the mountain and the snow.

Some prayer requests:

- We're getting to the next "planning phase" where I have to try and make some decisions about summer placements, next year, etc. That is really hard when life seems to uproot about every two weeks as the rules of the Stay at Home Order from the city change. So prayers for clarity and housing and jobs and discernment in all of that would be much appreciated! It's hard to make plans when I can't even imagine what life will look like.
- Also prayers that the city lifts this stay at home order. The isolation has been really difficult and living in the building there is no flexibility in it. I would love to get to just even have dinner with my friends again, so big prayers that March 8th they lift it. They keep extending the order every two weeks and this has been since November.
- I had the awesome opportunity to participate in the virtual Diocesan Convention and it was so good to be a part of things happening at home. I miss you all so much! How can I be praying for you? Email me and let me know: L.Cook003@gmail.com

I love and miss you all dearly,

Laura







Hosted by Messiah School for the Arts at Church of the Messiah, Winter Garden, FL

The Virtual Youth Revival was held on Friday, February 19th. Garine Adams led the revival with The Messiah Youth Band providing music. The youth attended in person and via YouTube. Pastor Neyda Albarran from the First United Methodist Church was the featured speaker. All participants were able to participate in games and received prizes. We are praying this can become an annual event and that all can participate live and in person next year.

T-shirts are still available for purchase for \$20. Visit our website at www.ChurchOfTheMessiah.com to purchase one.



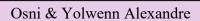


Garine and Jeremy Adams

Co-Directors of Messiah School for the Arts



Sophie Alexandre





Joel Lopez



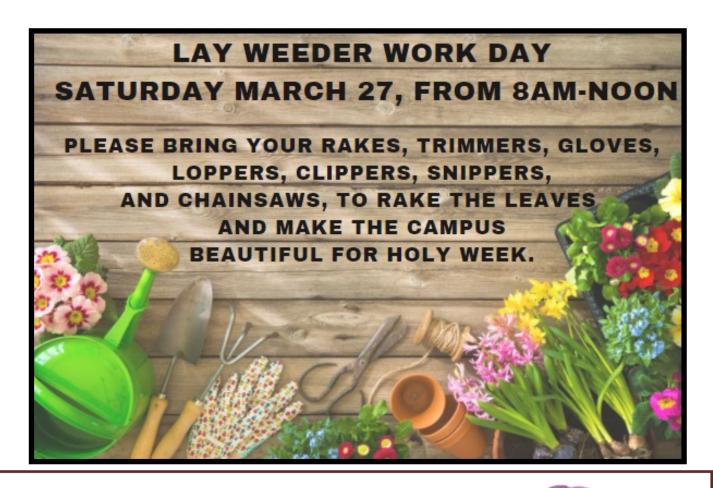
Children's Minister Ms. Angela & Kaitlyn



Giada Mazzaluna



Media Minister Vita Mazzaluna & Giada

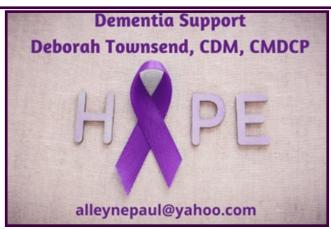


Annual Somen's Retreat

in the Parish Hall

March 19th from 6-8 pm March 20th from 8am-2pm Contact Julie to sign up 407-656-3218

juliealtenbach@ChurchOfTheMessiah.com



You are special, you are valuable, you belong to a group of over 16 million Americans with one of the most difficult, unappreciated jobs. You are a caregiver for a dementia patient, how are you coping, no seriously How are you really coping? Being a caregiver for dementia patients can be emotionally, psychologically, financially, physically and yes, spiritually difficult. Caregivers need to have a support system in place, you will not be judged as selfish, lazy or uncaring if you take that much needed time out. Caregiving can also become all-consuming and you can easily become overwhelmed and neglect your own health and wellbeing.

Individual with dementia progresses differently, so too can the caregiving experience vary widely from person to person. However, there are strategies that can help you as a caregiver that can make your caregiving journey as rewarding as it is challenging. Seeking help and support is a necessity not a luxury, do not feel guilty if you need to seek the help.

It may be necessary to develop a plan as you prepare for the road ahead, these preparations plans should include reliable family members. One of the first considerations may be selecting the person or persons who will be responsible for making healthcare and financial decisions when your loved one is no longer capable to do so. While it's a difficult topic it is important to have this discussion while, and please make sure the decisions documented are on paper of video, a power of attorney for both healthcare and finances is very important. We must determine how the healthcare needs will be met, please ensure there is enough family support, we must not assume that the care should be on the spouse or most reliable family member. Dementia patients can be very difficult to deal with, leaving the care to one family member can be a major mistake. While it may be the desire to have the patient live in their home, this may not be the best decision. Dementia patients need to be in a safe environment, which may not be their home or that of a family member. It may be a difficult decision but there should be a discussion as to whether the family member should reside, at home, with a relative or at a facility. If you must have your loved on reside in a facility it should never considered abandonment but as a true act of love.

Caregivers have reported more cases of depression and stress as they deal with the progress of the disease in their loved ones. Visit your doctor for regular checkups and pay attention to the signs and symptoms of excessive stress. It is easy to abandon yourself when you're mired in caregiving, but you risk your health and peace of mind by doing so. Take some time away from caregiving to maintain friendships, social contacts, and professional networks, and pursue the hobbies and interests that bring you joy. You will be able to provide better care when you take that much needed time out. Please do not leave he care entirely up to the "strongest' member of the family, remember you are only seeing that person's strengths, you are not seeing their weaknesses. No matter how close you are to someone, you may not know all that is going on with them and caring for a dementia patient can easily break a person. Being thrust into the role of caregiver doesn't come with an instruction manual as the disease progresses and challenges change you will need to find new ways of coping. You cannot do it alone, please ask for and accept help. Meditate, relax, walk exercise and most importantly PRAY.

Deborah Townsend, CDP, CMCP



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 DRIVE THRU COMMUNION Noon-1:00 pm MSftA 4-8:30pm	2	3	4	5 Messiah School for the Arts First Friday Drum Circle 6:30 7:00 pm Lent Young Adult	6 MSftA 11-12 pm
7* Sunday School 8am Rite 1 *9:30 Rite 2 *11:00 Rite 3 11:30 All Souls Service 2:30 Activate Zoom 4pm French Service 5:00 Diving Deeper 4:30 Shine 6:00 Dinner— Picnic Style 7:00 pm Rite 3 BAG SUNDAY	8 DRIVE THRU COMMUNION Noon-1:00 pm MSftA 4-8:30pm 5:30 Daughter's of the King Fellowship 6 PM Meeting in the Library	9 MSftA 10-11:30 am Fr. Tom's Day Off	10 MSftA 3:45-5:30 10am Holy Communion 11am Bible Study (library) 5:30 pm Bible Study Youth Hall 6- Choir Practice	11 MSftA Online Classes Only	12 No School for Preschool Shine Event 8:00 am- 2:00 pm 7:00 pm Lent Young Adult	13 MSftA 11-12 pm
14 * Sunday School 8am Rite 1 *9:30 Rite 2 *11:00 Rite 3 11:30 All Souls Service 2:30 Activate Zoom 4pm French Service Bishop Greg here for Confirmations and Receiving 4:30 Shine 6:00 Dinner-Picnic Style 7:00 pm Rite 3	15 DRIVE THRU COMMUNION Noon-1:00 pm MSftA 4-8:30pm 6:30 pm Bible Study (Library)	16 MSftA 10-11:30 am Fr. Tom's Day Off	17 MSftA 3:45-5:30 10am Holy Communion 11am Bible Study (library) 5:30 pm Bible Study Youth Hall 6- Choir Practice	18 MSftA Online Classes Only	7:00 pm Lent Young Adult 5:30-8:00 pm	20 MSftA 11-12pm **New S **Treat 8:00 am- 2:00 pm
21 * Sunday School 8am Rite 1 *9:30 Rite 2 *11:00 Rite 3 11:30 All Souls Service 2:30 Activate Zoom 4pm French Service 4:30 Shine 6:00 Dinner-Picnic Style 7:00 pm Rite 3	DRIVE THRU COMMUNION Noon-1:00 pm MSftA 4-8:30pm	23 MSftA 10-11:30 am Fr. Tom's Day Off 6:30 Men's Group	24 MSftA 3:45-5:30 10am Holy Communion 11am Bible Study (library) 5:30 pm Bible Study Youth Hall 6- Choir Practice 7:15- Praise Band	25	26 7:00 pm Lent Young Adult Way of the Cross 7:00 pm March 26th at Noon & 7:00 pm	27 MSftA 11-12 pm
28* Sunday School 8am Rite 1 *9:30 Rite 2 *11:00 Rite 3 11:30 All Souls Service 2:30 Activate Zoom 2:30 Vestry Mtg. Library and Zoom 4pm French Service 4:30 Shine 7:00 pm Rite 3	29	30	3:45-5:30 10am Holy Marc	y of the Cross 7:00 pm h 31st at s 7:00 pm	Open Meet 7:00 p.m. Women Or Men Only: https://cfli	Anonymous ing every nigh ly: Tuesday 6 Thursday 6 pr intergroup.org hree-legacies-

HAPPY BIRTHDAY

1- Kevin Cochrane

2 – Nichole Babcock Sariyah Morrison

3- Jack Cottle

5– Lydia Bossicot Reese Smith

6- Michelle Alford Ken O'Brien

9– Marvin Haughton

10- Harry Hull

11– Stacey Jamail Cherie Mayfield Taylor Smith

13– Paul Robertson

Patty Tate

14—Norm Anthony

15- Barbara Warren

17- Merrily Peacock

18-Chris Lynn

20- John Ficquette Rose Marie Hubert Mary Kay Predmore

21– Rita Cho-Sam

22- Stacy Figueroa

24 Emma Winters

25- Delilah Brueggeman

Linda White

26– Aidan Brandenburg Cindy West

27– Amy Farwell

28- Karen Stewart

Ken West

28- Yolwenn Alexandre

Jacob Borst Herve Guerrier

Cathy Penn

29– Lynn Somers

30– Ayden Cho-Sam Isabella Eaton

HAPPY AMMIVERSARY

5- Raul & Angela Lopez

21-Bobby & Lisa Field

22- Lamar & Darlene Powers

24- Steve & Lisa Borst



If you will not be able to serve, please call or email the office. We understand this could change week by week.

Sunday Servants 8:00 AM

8:00 Service	March 7	March 14	March 21	March 28
1st LEM	Deborah Townsend	Linda Bouton	Joyce Taylor	Ellie Chase
2nd LEM	Mary Kay Predmore	Ron Bouton	Deborah Townsend	Frank Chase
Lector	Joyce Taylor	Alex Hujik	Valery Rice	Aleina Gaye
Altar Server	Aiden Morrison	Mary Kay Predmore	Aiden Morrison	Mary Kay Predmore
Ushers/Greeters	Pete & Nancy Glynn	Jay & Marsha Dymond	Jay Predmore Ron Bouton	Pete Glynn Jay Predmore
Prayer Intercessor	Gretchen Tope	Wally Stewart	Gretchen Tope	Joyce Taylor

Sunday Servants 9:30

9:30 Service	March 7	March 14	March 21	March 28
1st LEM	Mary Lynn Levine	Stacey Beck	Mary Lynn Levine	Stacey Beck
2nd LEM		Kelsey Beck		Kelsey Beck
Lector	Chris Brown	Jay Williams	Jay Williams	Wendy King
Altar Server	Francesco Fulvi	Chris Brown	Sophie Alexandre	Yolwenn Alexandre
Ushers/Greeters	Deborah & Chuck Grunder	Jay & Patty Williams	Alex Babcock Ken Miller	Deborah & Chuck Grunder
Prayer				

Sunday Servants 11:00

11:00 Service	March 7	March 14	March 21	March28
LEM #1	Vita Mazzaluna	Helen Farnsworth	Vita Mazzaluna	Helen Farnsworth
LEM #2				
Lector	Ralph Groves	Patty Tate	Paul Buzzonetti	Ralph Groves
Altar Server	Sophie Alexandre	Yolwenn Alexandre	Giada Mazzaluna	Sophie Alexandre
Usher/Greeter	Mary Katulic	Richard & Kelley McRae	Mary Katulic	Richard & Kelley McRae
Prayer Intercessor				

Sunday Servants 7:00

7:00 Service	March 7	March 14	March 21	March 28
LEM	Marvin Haughton	Kathy Quesenberry	Marvin Haughton	Kathy Quesenberry
Lector	Valery Rice	Craig Brown	Wendy King	Craig Brown
Altar Server				
Usher/Greeter	Raul Lopez	Raul Lopez	Raul Lopez	Raul Lopez
Prayer Intercessor	Wendy King	Jill Brown	Wendy King	Jill Brown

Readings

	Treading o					
	March 7	March 14	March 21	March 28 Palm Sunday		
1st Lesson	Exodus	Numbers	Jeremiah	Isaiah		
	20:1-17	21:4-9	31:31-34	50:4-9a		
Psalm	Psalm 19	Psalm 107:1-22	Psalm 119:9-16	Psalm 31:5-16		
	BCP 606	BCP 746	BCP 764	BCP 622		
2nd Lesson	1 Corinthians	Ephesians	Hebrews	Philippians		
	1:18-25	2:1-10	5:5-10	2:5-11		
Gospel	John	John	John	Mark		
	2:13-22	3:14-21	12:20-33	14:1-15:47		



Changing the world for Jesus:

One child, one person, one family, one community at a time

