

2019-2020
ministry
Guide



TRINITY
LUTHERAN CHURCH

welcome

Welcome to our shared ministry at Trinity!

This guide is an effort to summarize the tremendous number of opportunities to serve, learn and grow together as the Body of Christ. While we endeavor to find ways to connect for all, your imaginations, passions and ideas are always welcome. If there is something you are longing to try, study or experience, you will find contact people on nearly every page. Or simply let me or another member of our staff know what you are thinking.

As a congregation we are deeply committed to helping each person grow in faith and discipleship while becoming connected to a loving and hospitable community.

Have fun exploring!

In Christ's peace,

Pastor Chris

PASTORS

Pastor Chris Bellefeuille, D.Min.,
Lead Pastor
651-439-7400, ext. 328
cbellefeuille@trinitylc.org
Pastor Peter Weston Miller, Pastor of
Lifelong Faith Formation
651-439-7400, ext. 332
pwestonmiller@trinitylc.org

WORSHIP & MUSIC

Carol Carver, Director of Worship
651-439-7400, ext. 307
ccarver@trinitylc.org
Sonia Esch, Children's Choir Director
Dave Goulette, Organist
Phil Kadidlo, Director of Worship
651-439-7400, ext. 330
pkadidlo@trinitylc.org
Travis Nordahl, AV Tech

FAITH FORMATION

Julie Jolivette, Children's Coordinator
651-439-7400, ext. 318
jjolivette@trinitylc.org
Monty Lysne, Youth Coordinator
651-439-7400, ext. 324
mlysne@trinitylc.org

CONNECTIONS & CARE

Kim Dahlgren, Faith Community Nurse
651-439-7400, ext. 309
kdahlgren@trinitylc.org
Pastor Don Fultz, Visitation Pastor
651-439-7400, ext. 338
dfultz@trinitylc.org
Zanny Johnson, New Member/
Connections Coordinator
651-439-7400, ext. 341
zjohnson@trinitylc.org

OFFICE & ADMINISTRATIVE

Bob Eiselt, Parish Administrator
651-439-7400, ext. 314
beiselt@trinitylc.org
Linda Flood, Food Service Manager
651-439-7400, ext. 319
lflood@trinitylc.org
Meagan Kochendorfer, Wedding
Coordinator
Ellen Neseth, Accounting Coordinator
651-439-7400, ext. 310
eneseth@trinitylc.org
Marilee Tangen, Publications Manager
651-439-7400, ext. 320
mtangen@trinitylc.org
Eric Trosdahl, Financial Secretary
651-439-7400, ext. 311
etrosdahl@trinitylc.org
Jeannie Wendorf, Office Manager
651-439-7400, ext. 302
jwendorf@trinitylc.org
Nursery Coordinator (Open Position)

BUILDING & MAINTENANCE

Tom Hosek, Lead Custodian
651-270-4411
Anne Mikesh, Custodian

Church Office 651.439.7400
www.trinitylc.org

why trinity?



core values

- Exceptional Worship
- Radical Hospitality
- Authentic Community
- Lifelong Faith Formation
- Compassionate Action

welcome statement

Trinity Lutheran Church is a faithful community in the heart of Stillwater. We seek to be a church grounded in the reconciling Gospel of Jesus Christ. In doing so, we intentionally educate ourselves in becoming more effective advocates for all of God's people. We embrace those of strong, uncertain, or undiscovered faith. We embrace all sexual orientations, gender identities and expressions. We embrace every age, family structure, race, ethnicity, physical and mental capacity, and economic circumstance. We believe all people have been created in the image of God, and therefore have valuable stories and infinite worth.



At Trinity we have organized our ministries into the teams at right. Each ministry team meets monthly or bi-monthly and as a large group several times a year, to live God's purpose together.

Have a passion for starting a new worship ministry or group at Trinity? Contact one of our team (at left).



worship & music

Holy Communion is celebrated weekly at both Sunday morning services, and everyone, without exception, is invited to receive the bread and wine. Christ's table is open to all—please join us at Trinity this fall and find your place at the table!

SUNDAY WORSHIP

9 a.m.—worship led by choirs, organ, and instrumentalists, incorporating historical, yet relevant elements of Lutheran worship. Here you will participate with robed clergy and worship leaders. You will sing hymns, songs, liturgy and psalms from a worship book and hear music from the Renaissance to the contemporary, from Bach to Gospel and a message relevant to our lives today.

10:30 a.m.—worship led by a band incorporating a wide variety of contemporary Lutheran music. Through song leaders, guitar, bass, drums, keyboards, and other instruments, the congregation engages in a time of praise and worship following the historic pattern of Lutheran worship (Gathering, Word, the same message as at 9 a.m., Meal, and Sending.)

WEDNESDAY

THE CURRENT WORSHIP

7:07 p.m.—worship is at the center of our lives together at Trinity. Therefore our Faith Formation youth end their Wednesday night experience with worship. Youth begin in large group learning from 6-7 p.m. and then gather in the Worship Center. Parents, families, and community members are invited to come and join together. Wednesdays at 7:07 p.m. whenever Faith Formation meets.

One Worship Service

A few times a year we offer only one worship service on Sunday mornings at 10 a.m. to reflect a special occasion and come together as one body of Christ in community.

- **Sept. 15** TrinityFEST—outdoor worship
- **Dec. 29** Lessons & Carols
- **April 5, 2020** Palm Sunday worship

CHILDREN

Children are always welcome in worship!

Inclusive Grace Spaces

These spaces, located in both the Worship Center and the Narthex, are especially geared toward families with infants and toddlers. Small kids are often more engaged when they can see what's going on. Small tables, gliders and soft toys help to keep our little ones occupied.

Worship Bags

Located near all four Grace Spaces, these bags are geared toward different age youth (look at the tags) and include books, activities, crafts, and fidgets to keep little hands busy.

Nursery

Sunday Mornings

Children of all ages are always welcome in worship. While the sounds that children make are most welcome in the Sanctuary, we recognize that concerns about disturbing others can hinder parents' ability to focus on worship. Nursery is provided on Sunday mornings during worship (except during our summer worship schedule). The Nursery is located in the lower level near the Gym at the bottom of the stairs. It's staffed and toddlers can play freely. This is especially for birth to 3 years of age.

worship & music

There are many ways to help with worship at Trinity, both behind the scenes and in the upfront! Contact Carol Carver at ccarver@trinitylc.org or 651-439-7400 ext. 307, or the coordinator listed below, if you are interested in volunteering. Training is provided in all areas!

Assisting Ministers

Lay people serve as assisting ministers. Ordained people serve as presiding and preaching ministers. The assisting minister offers prayers, helps to serve communion, and assists the pastor in any other ways needed. People age 10 and above are invited to participate. This is a ministry that is often included in 9 a.m. worship, however you are welcome to participate if you attend 10:30 a.m. worship also. *For information contact Carol Carver at ccarver@trinitylc.org or 651-439-7400, ext. 307.*

Altar Guild

This is the group that prepares the Worship Center for worship. They make sure everything is ready to welcome family (members) and friends (visitors). *If you have an hour once a month, be in touch with Joanne Brown at cgjb@aol.com.*

Sacristy/Communion Preparers

Set-up communion on Sunday mornings prior to 9 a.m. worship. Another team to clean-up after 10:30 a.m. worship. If it is your week to set-up or clean-up you will also be asked to serve communion. This is a wonderful service opportunity that takes approximately 15-20 minutes per week. Great for families! *To help contact Sylvia McCallister at 651-275-3600 or sylviamccormack@hotmail.com.*

Communion Assistants

As a communion assistant you will serve communion to all those present at worship. This is one of the most joyful acts you can participate in at Trinity. *If you are interested in serving at either 9 a.m. or 10:30 a.m. worship contact Sylvia McCallister at 651-275-3600 or sylviamccormack@hotmail.com.*

Hospitality Ministry

Because God first loved us, we practice radical hospitality by promoting warm and friendly encounters. This intergenerational ministry helps to foster community by welcoming all and initiating connections. Greeters extend welcome to all who enter our church doors. Coffee Crew makes and sets out coffee. Treat providers bring all sorts of delicious goodies to go with your coffee or tea. Ushers distribute bulletins, welcome all into our Worship Center, and pass the offering plate which makes possible the mission and ministry we share. Please prayerfully consider being part of the Worship Hospitality Team as you are able. Find links to online signups at www.trinitylc.org > WORSHIP & MUSIC > HOSPITALITY > VOLUNTEER or contact Trudi Lohne, Hospitality Coordinator with your availability to usher, greet, or do the coffee on Sunday mornings. *Contact Trudi at trudishelpinghands@gmail.com or 612-839-9006.*

Fine Arts Team

This new team will be presenting many and various ways to incorporate art in all its many and various forms into our life at Trinity. *If you're interested contact Sara Wagner at saraewagner@comcast.net.*

worship & music

Worship Arts Team

Advent – Christmas – Epiphany
– Lent – Easter – Pentecost – this is the group that transforms the Worship Center for each season. They work with fabric, plants and flowers, banners, and more to bring worship visually to life. *To participate contact Carol Carver at ccarver@trinitylc.org.*

Flower Ministry

Altar flowers give glory to God, beautify the Worship Center and commemorate an important person or event in your life. Trinity invites you to join this tradition. When you give the flowers, your commemoration is shared with the congregation in the worship bulletin. *If interested, contact Carol Carver ccarver@trinitylc.org at least 10 days in advance.*

Communion Bread Bakers

Susan Carr, Coordinator
If you've ever wondered where our savory communion bread comes from, it is baked in our very own kitchen! This team bakes every 4-6 weeks, with day and time varying according to peoples' availability. The session is usually 1.5 hours and involves making and rolling dough, as well as cutting bread into pieces. *To help contact Phil Kadidlo at pkadidlo@trinitylc.org.*

Audio Visual Team

Trinity's worship services and concerts require several technicians to keep things running smoothly each week. People from Junior High on up are invited to get trained on our audio/video and screen presentation systems. Volunteers are encouraged to help on a regular basis to reinforce familiarity with the equipment and procedures. *Contact Phil Kadidlo at pkadidlo@trinitylc.org.*

Trinity Choir

Carol Carver, Director
Rehearsals Wednesdays, 7-8:30 pm
Choir Room & Worship Center
Carrying on the long tradition of choral music in Lutheran worship, the Trinity Choir offers adult singers a unique means of participation that deepens spirituality, offers a different dimension to weekly worship experience, and creates an outlet for using one's God-given talents to benefit the congregation's worship life as a whole. The choir sings September through May for the 9 a.m. worship service as well as for major church festival days. In addition to weekly anthems and liturgical music (psalm settings, hymn stanzas, etc.), the choir will occasionally participate in Trinity-related concerts. *For more information contact Carol Carver at ccarver@trinitylc.org or 651-439-7400, ext. 307.*

Trinity Children's Choir

Sonia Esch, Director
Rehearsals Wednesdays, 5-5:45 pm
The Trinity Children's Choir is an active musical organization for children from K-grade 5. In this choir children explore their musical self, discover their singing voice as well as prepare to lead worship at least once a month. *The choir is directed by Sonia Esch, contact her at 651-491-2421 or wisokiwi@msn.com.*

Sine Nomine Singers

Rehearsals week prior to performing
The Sine Nomine Singers (Latin for no name) are a group of middle school and senior high school girls who sing and lead worship five to six times per year. *Contact Carol Carver at 651-439-7400, ext. 307 or ccarver@trinitylc.org.*

Worship Band

Phil Kadidlo, Director

Rehearsals Tuesdays, 7-9 pm

This high-energy volunteer group employs instrumentalists and vocalists to lead music for the worship service at 10:30 a.m., every Sunday, September through May. The slate of musicians rotates weekly and works around an individual's personal schedule.

Typical instrumentation is keyboard, acoustic and electric guitar, bass and percussion. Sheet music (mostly chord charts, not typically notated music) and audio recordings are provided ahead of time via download. *For information or to schedule an audition, contact Phil Kadidlo at pkadidlo@trinitylc.org.*

Trinity Concert Series

Throughout the year Trinity is filled with music events at which the concert sponsors ask for ushers from the congregation. If you love music and would love to hear these performances, as well as welcome guests to Trinity, this is for you. Be in touch with Carol Carver and she will be in touch with you when opportunities arise. *Carol Carver at ccarver@trinitylc.org or 651-439-7400, ext. 307.*

INSTRUMENTALISTS

If you play an instrument, any instrument, and would like to share your gifts at Trinity, be in touch with Carol Carver at 651-439-7400, ext. 307 or ccarver@trinitylc.org.

gifts management

Tuesday Guys

Tuesdays, 8 am-Noon

Tuesday Guys are a bunch of guys who get together every Tuesday (imagine that!) to do handyman things around the church. We meet from 8 a.m. to Noon with a break for treats and coffee at 10 a.m. We'd love to have you join us, even if it's just for coffee. *To be added to the email reminder list, contact Ron Hagen at ronbohagen@yahoo.com or just show up when you are available on Tuesday mornings.*

Landscaping Team

Trinity's indoor and outdoor gardens are nurtured by our dedicated Landscaping Team. If you have a green thumb, love the satisfaction of pulling a weed or have a gift for watering, this team is for you! *For more information please contact Sandy Wendt at sjwendt46@gmail.com or 651-470-1902.*

Stewardship Team

Is God calling you to help sustain and grow Trinity's life-affirming ministries? Do you have a talent for connecting with people, expressing gratitude, and strengthening our congregation's culture of generosity and stewardship? Are you interested in learning more about this important part of our shared values and mission? Then join with other members of our Stewardship Team including Katie Monroe, Pastor Chris Bellefeuille, Bob Eiselt, Melissa Haase, Tim Gillis, Tami Jensrud, Amy Karlstad, Zach Lee and Claudia Swendseid. *For more information contact Claudia at claudiaswendseid@comcast.net.*

faith formation—family

ALL IN EVENTS

“All In” events are scheduled as part of our youth Wednesday Faith Formation. All ages and everyone is encouraged to attend these cross-generational events!

Joe Davis and the Poetic Diaspora

Wednesday, Oct. 9 from 6-7:30 pm

Joe Davis is a nationally touring writer, speaker, and performer based in Minneapolis, MN. He is the frontman of emerging soul, funk, and spoken word ensemble, The Poetic Diaspora, and the co-founder / Artistic Director of H-Cubed: Harrison, Healing, Harmony; a monthly event series centered on healing through the arts. As a student and educator, he has served as a teaching artist at dozens of high schools and universities and most recently as the Artist-in-Residence at Luther Seminary, receiving a masters in Theology of the Arts. Join us for ALL AGES learning!

One Coin Found by Emmy Kegler

Presentation and Book Study
Wednesday, Nov. 13 from 6-7:30 pm

“We too are lost and dusty coins. We have gone unnoticed, rusted from others’ indifference, misspent and misused, and our friends and leaders did not see our neglect. But God, in big and little ways, has picked up a woman’s broom and swept every corner of creation. God, in big and little ways, has tucked up her skirts and flattened herself on the floor, dug through dust bunnies and checked every dress pocket. God has found us, dustier and rustier and without any luster, and held us up to the light to say: No matter how you rolled away or what corner you were dropped in, you are mine.”

MILESTONES

Milestones remind us that faith formation is a lifelong journey—a journey that continually and gradually draws us deeper into relationship with God. We are excited to offer the following eleven Milestone Retreats—one for every age of life through 5th grade. (Trinity’s 12th Milestone is Confirmation.) Parents attend milestone retreats with their children.

Pre-Baptism Milestone:

Baptism is foundational to a life in Christ. It is through baptism that we are first received into the Christian community. God’s love, forgiveness, and peace come to us through water and the word at baptism. Baptism is the most natural beginning point in the lifelong process of nurturing faith formation. At our Baptism Milestone, participants will learn why Trinity baptizes and how Trinity will offer support to families as they are accompanying their children at the beginning of their faith journey. Parents will leave with tools to help support and equip them in their important role as pastors of their homes.

- Sunday, Oct. 6, 2019
- Sunday, Jan. 5, 2020
- Sunday, March 29, 2020
- Sunday, June 14, 2020

For Pre-Baptism Milestone registration, contact Jeannie Wendorf in the Church Office at jwendorf@trinitylc.org or call her at 651-439-7400, ext. 302.

faith formation–family

AGE 1: Anniversary of Baptism

Milestone – Saturday, Jan. 11, 2020,
10-11 am, Garden Room

The Anniversary of Baptism Milestone is an opportunity to remind everyone that living our baptism is a lifelong journey—and one needs to be prepared to live and walk wet! During this milestone, parents and children will celebrate this spiritual birthday, enjoy community, have fun engaging in age-appropriate and faith-forming best practices, and parents will leave with tools to help support and equip them in their important role as pastors of their homes.

AGE 2: Intro to Worship Milestone

– Saturday, Feb. 1, 2020, 10-11 am,
Worship Center/Narthex

Research consistently shows us that a child's faith is nurtured by being present in worship. Trinity believes that children are full members in the faith community and that God speaks to both children and adults as we gather and support one another in our faith during worship. In fun and interactive ways, this Worship Milestone will introduce young children, and the adults who care for them, to worship and the worship space. Parents will leave feeling better equipped to nurture their child's faith in worship and in daily life—because home is church, too.

AGE 3: Children's Bible Milestone

– Friday, Feb. 21, 2020, 6-7 pm,
Youth Room

This Milestone is based on the understanding that the Bible is an essential source of comfort and guidance for individual Christians and the larger church. At this milestone event, children, parents/

guardians and other caring adults are brought together around God's Word in the Spark Story Bible. Squiggles, the friendly caterpillar found on every page, will pay us a visit and help draw the children into every page. Parents will leave with tools to help support and equip them in their important role as pastors of their homes. Please bring the Spark Story Bible received at the Baptism Milestone. (Bibles will be given to those who did not yet get one.) Children are encouraged to come in pajamas if they would like.

PRE-K: Intro to Sunday Faith

Formation Milestone – Saturday,
Sept. 28, 2019, 10-11 am,
Garden Room

Faith Formation at Trinity means children (pre-k through 5th grade) will begin with their parents in worship at either 9 a.m. or 10:30 a.m. at most Sunday worship services between mid-September and mid-May. After the Scripture storytelling and just before the sermon, the children will step-out to attend engaging age-specific lessons on the same scripture text as the sermon their parents will receive in worship. Children will return to worship with their parents for communion and sending. During this milestone we will explain all the logistical details and help parent and child feel prepared for their new Sunday morning experience. As in all our milestones, parents will leave with tools to help support and equip them in their important role as pastors of their homes.

faith formation—family

KINDERGARTEN: Prayer Milestone

– Friday, Nov. 1, 2019, 6-7 pm,
Youth Room

Teaching, experiencing and practicing prayer early in a child's life establishes a strong foundation for the child's faith journey. It also builds relationships and grows important strong bonds between the child and parent/caregiver. At this milestone we will introduce, and role model, a variety of family-friendly prayers, prayer styles and talk about prayer opportunities in daily life. We might even get a little crazy! Wear comfortable clothes—pajamas are welcome! Parents will leave with tools to help support and equip them in their important role as pastors of their homes.

1ST GRADE: Parents, Kids and Money Milestone

– Saturday,
Nov. 23, 2019, 10-11:30 am,
Garden Room

When children receive an allowance or begin to think more deeply about the value of money, what to spend it on, and how it is a useful tool in one's life, there is an opportunity for the family to grow as disciples around being good stewards of what God has given us and to grow in giving. We live in an age and a society that has lost touch with the source of all the good gifts in life. The desire to obtain more and more material items has taken over and become the standard for living "the good life." The intent of this milestone is to help children and their parents escape a lifestyle of hyper-consumption by learning good money management early in life. Learning about money isn't just about what we do with it. It is also about our attitudes toward

money and recognizing it all belongs to God. God loaned it to us to use for God's glory, not ours. This milestone helps children and parents learn more about how God intends for us to appreciate and use the gift of money. Parents will leave with tools to help support and equip them in their important role as pastors of their homes.

2ND GRADE: All About the Sacrament of Communion Milestone

– Monday, March 30, 2020, 9 am-noon **OR** Saturday, April 18, 2020, 9 am-noon, Garden Room
In Holy Communion, Jesus feeds us spiritual food to strengthen our faith. This milestone will help parents and children appreciate and understand more deeply the history and mystery of the Sacrament of Holy Communion, sometimes called The Lord's Supper. The three hours will fly by as we have fun interacting and learning together—including baking communion bread and making wood faith boxes. Actual Celebration of Holy Communion in worship is planned at the 9 a.m. service on April 19 or the 10:30 a.m. service on April 26. Families can choose which worship service date and time works best for them and will be asked to let the church know beforehand.

3RD GRADE: Service & Fruits of the Spirit Milestone

– Saturday, Oct. 5, 2019, 9-11 am, Garden Room
This is a fun milestone connecting the Fruits of the Spirit—love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control—with opportunities to serve specifically in support of worship services at Trinity.

faith formation–family

A menu of roles will be explained, 3rd graders and their parents will get to choose which ones they want to get trained in, training will happen, and family teams will get scheduled for upcoming worship services. Kids will leave excited to be trained and assigned to important leadership roles. Parents will leave with tools to help support and equip them in their important role as pastors of their homes. Everyone will leave singing the catchy Fruits of the Spirit song!

4TH GRADE: Bible 101 Milestone – Two Sundays, March 1 & 22, 5-7 pm, Bible Room

A simple meal, caring conversations, devotions, service, and rituals/traditions will be incorporated into both sessions of this important milestone. 4th graders will be given a new Spark NSRV Bible and, with the help of their parents and format of the agenda, taught how to navigate the Old and New Testament. We will all grow in appreciation of the Bible as we learn how it evolved over many years, beginning with oral tradition. And faith will continue to be shaped and formed as we imagine ourselves in these timeless stories of God’s love and faithfulness. Parents will leave with tools to help support and equip them in their important role as pastors of their homes.

5TH GRADE: My Body, God’s Gift Milestone – Two Sundays, April 5 & 26, 5-7 pm, Bible Room

As children mature physically, this is a time to partner home and church to make sure that the children we love have good information, clear and consistent values, and support to be moral.

It is important to reclaim sexuality from the media and industries that exploit, demean or misuse it in our culture. During this milestone, the goal is to give upper elementary-aged children an understanding of what they will soon experience as they continue to grow and mature, along with some “tools” to make healthy choices; to equip parents to take a leadership role in the home related to issues of sexuality; and to open communication between parents and children about these vitally important and challenging topics related to sexuality. A simple meal, caring conversations, devotions, service, and rituals/traditions will be incorporated into both sessions of this important milestone.

CONTACT:

Julie Jolivette, jjolivette@trinitylc.org, 612-210-5327

Resources:

We have faith-based resources on our shelf to help families when crisis hits—a grandparent or beloved pet dies, mom and dad separate, someone is seriously ill, etc. Please contact Julie for more information.

preschool

Trinity's Lake Area Discovery Center (LADC) opened in 2006 and provides flexible scheduling for traditional preschool as well as primary child care. We are NAEYC Accredited and 4 Star Parent Aware Rated. LADC partners with Trinity providing a preschool location in our facility.

Mission, Goals & Philosophy

Our hands-on classroom experience is designed to meet children's individual needs and learning styles. All curriculum webs from the unit themes each week in environment areas, including music, art, science, reading and dramatic play. The classroom environment is set up in centers, so children may choose a wide variety of experiences. In addition, we also incorporate a "Letter of the Week" and Handwriting without Tears into the 3, 4 and 5 year old classroom daily schedules.

We believe very strongly that the parent is the first and most important teacher. Our classrooms are set up to invite parents to experience the centers with their child when they arrive at school. Each center contains a sign explaining the objective for parents. A detailed explanation of the weekly activities called "A Peek at Our Week" is emailed to parents each week. Opportunities for families to connect outside of the school day include special program events, like



LAKE AREA
**Discovery
Center**

Grandparent's Day, the Christmas Program and the Spring Circus, as well as Family/Partnership Events like the Bike-A-Thon, Fall Festivals, Advent Fairs and Spring Carnivals.

There is a sense of order to our classrooms. All shelves and bins are labeled for children. Teacher made materials and games are widely used because they can be adjusted to meet children's individual needs. Teachers create cognitive games for each unit which are self-correcting, allowing children the ability to work at their own pace.

Each week, children are immersed into the "spiritual emphasis" for the week through a variety of daily activities and bi-weekly Worship and conversation time lessons. These lessons and worship times are hands-on and Bible-based, written and taught by teaching staff. The curriculum always includes daily songs, prayer before meals and modeling of Christian values by the teachers.

For more information or to schedule a tour, check out our website at www.ladcfamilies.org or call Amy Hoff, Site Director, at 651-323-1264.

faith formation–children’s

SUNDAY FAITH FORMATION

Age 4 – Grade 5

Sundays at 9 am & 10:30 am
(Children begin in Worship Center
with their parents.)

Get ready to be drawn closer to God and one another! Children’s Faith Formation (pre-k through 5th grade) is offered on most Sunday mornings at both the 9 and 10:30 a.m. worship services. Families begin together in worship. Just before the sermon, the children are escorted out to attend Faith Formation. During Children’s Faith Formation, children are divided into small groups led by volunteer leaders using activity plans provided. These 15-minute sessions are engaging, age-appropriate, and cover a version of the Bible Story parents hear in the sermon during Worship the same day. The children are returned to worship with their parents for communion and sending.

- Sunday Faith Formation for K-5th grade begins Sept. 22, 2019.
- Sunday Faith Formation for Pre-K begins Sept. 29, 2019.



FAITH FORMATION

Contact Information:

Julie Jolivette, jjolivette@trinitylc.org,
612-210-5327

Register at: www.trinitylc.org
More information and scholarships
are available.

See Page 6 for Children’s Choir.

faith formation–youth

MIDDLE SCHOOL FAITH FORMATION (CONFIRMATION)

Grades 6/7/8

Wednesdays, 6-7:30 pm,

Worship Center & Garden Room

Begins: Wednesday, Oct. 2

We are excited to welcome all 6/7/8 graders and their parents/guardians to our Confirmation Faith Formation Milestone! We use the word “milestone” because Confirmation is just one stop on a lifelong faith journey.

What is Confirmation (and isn't)?

Again, Confirmation is a milestone. It's a water-stop along the marathon of faith. It's a celebration of growth. Also known as “The Affirmation of Baptism,” basically, it's also an opportunity for Christians to affirm for themselves in front of their faith community the growth that they have made in the promises that their parents, sponsors and congregation made for them at their baptism. They are encouraged to take on the faith that was and continues to be gifted to them.

Schedule and Set Up for 6/7/8

We meet from 6 – 7:30 p.m. on most Wednesdays October–April in the Worship Center at Trinity. Our system is a large-group/ small-group set up, with a large group presentation followed by small group check in and conversation about the topic taught. Each child is put in a small group of about 6-8 kids with a caring adult leader at the center. We strive for much more than simply instruction—we want kids to learn, of course, but we also want kids to connect with each other in small groups and share the highs and lows in their

life. In short, we want our program to be about ministry as much as instruction.

Wednesday Worship

The Current Worship at 7:07 pm
Worship is at the center of our lives together at Trinity. For Wednesday Faith Formation this year, youth will begin in large group learning at 6 p.m. and we will gather in the Worship Center for The Current Worship at 7:07 p.m. Parents, families, and community members are welcome to come and join together.

Dates to Know

- Friday, Nov. 8-9: 6/7/8 Confirmation Overnight at Camp St. Croix
- Wednesday, Dec. 11: Final gathering before Christmas break (off Dec. 18 and 25)
- Wednesday, Jan. 15, 2020: First session back after Christmas break (off Jan. 1 and 8)
- Wednesday, April 29, 2020: 6/7/8: Final session for the year

Family Pizza Night

Garden Room at 5:30 pm

We understand how hectic it can be juggling school work, dinner and kid's activities. So, we offer family pizza night whenever Wednesday Faith Formation meets. At a modest price, we offer pizza, salad, fruit, cookies and beverages. Other items on occasion.

Register at: www.trinitylc.org

More information and scholarships are available.

Contact Information:

Monty Lysne

mlysne@trinitylc.org

651-439-7400, ext. 324

See Page 6 for Sine Nomine Singers

faith formation–youth

9th GRADE FAITH FORMATION (CONFIRMATION)

Grade 9

Wednesdays, 6-7:30 pm,

Garden Room & Worship Center

Beginns: Wednesday, Oct. 2

What is Confirmation (and isn't)?

Confirmation is a milestone. It's a water-stop along the marathon of faith. It's a celebration of growth. It's building on the work of Faith Formation that you have had leading up to this time. Also known as "The Affirmation of Baptism," basically, it's also an opportunity for Christians to affirm for themselves in front of their faith community the growth that they have made in the promises that their parents, sponsors and congregation made for them at their baptism. They are encouraged to take on the faith that was and continues to be gifted to them.

At their Affirmation of Baptism, the capstone of this experience, confirmands are asked to make this promise for themselves. We don't care about perfection, or some kind of graduation, but Confirmation affirms and marks progress in the Christian faith and life. We definitely want to (and God wants to) celebrate that!

Confirmation is NOT a sacrament in the Lutheran tradition. It is NOT required for participation. But we choose to provide Confirmation as an intensive experience in exploring the Christian faith and life, so that youth are given ownership and choice in how they live out these promises.

Wednesday Worship

The Current Worship at 7:07 pm

Worship is at the center of our lives together at Trinity. For Wednesday Faith Formation this year, youth will begin in large group learning at 6 p.m. and we will gather in the worship center for The Current Worship at 7:07 p.m. Parents, families, and community members are welcome to come and join together.

Dates to Know

- Friday & Saturday, Nov. 15-16: Grade 9 Retreat at Camp St. Croix
- Wednesday, April 29: Confirmation ends
- Sunday, May 3, 2020: Confirmation Day, 9 am or 10:30 am service with cake reception between services

Family Pizza Night

Garden Room at 5:30 p.m.

We understand how hectic it can be juggling school work, dinner and kid's activities. So, we offer family pizza night whenever Wednesday Faith Formation meets. At a modest price, we offer pizza, salad, fruit, cookies and beverages. Other items on occasion.

Register at: www.trinitylc.org

More information and scholarships are available.

Contact Information:

Pastor Peter

pwestonmiller@trinitylc.org

651-439-7400, ext. 332

faith formation–youth

HIGH SCHOOL MINISTRY

Grades 9-12

Welcome to High School Ministry at Trinity Stillwater! We believe that Sr. High ministry shouldn't be about youth doing programs, but youth doing ministry. Here is a chance to gather, grow, and go out into the world to shine Christ's light to others.

Gather

The backbone of our High School Ministries are small groups. These groups have, in many cases, been together for several years, with a caring adult leader or two in the midst of a squad of 6–8 kids. Groups meet during the year on their own at various places around town for breakfast, coffee, lunch—whatever suits the group best (9th grade groups still gather on most Wednesdays as they transition through Confirmation). In a small group? Contact your leader for your gathering schedule. Not in a small group? Talk to a friend who is or contact Interim High School Coordinator Monty Lysne.

Grow

Along with monthly gatherings, various small groups plan and implement a monthly large group gathering, beginning Oct. 27 (TBA). These larger gatherings rotate worship, service, and fellowship, giving you a chance to slow down and worship one month, stretch your servant muscles with a service project another month, or simply hang out with everyone at an off-site fun activity on another month. Again, groups will have a chance to plan and promote the rotation of events throughout the year, and most will be held on the last Sunday evening of the month (some exceptions).

Go

We're exploring the option of an overnight retreat in Winter 2020, and our main summer 2020 trip will be a service mission trip. The parameters of this trip are in the planning stages, with input and coordination from high school kids themselves. Watch for more information.

Register at: www.trinitylc.org >
LEARNING > YOUTH > HIGH SCHOOL

Contact Information:

Monty Lysne
mlysne@trinitylc.org
651-439-7400, ext. 324

See Page 6 for Sine Nomine Singers (middle school and senior high school girls singing group).

faith formation–youth

Additional Activities

Donuts and Discussion will be back on various Sunday mornings throughout the fall and winter. Meet with Monty for some, uh, donuts and discussion. These informal get-togethers happen from 10–10:30 a.m. on various Sundays. Look for an exact schedule from your small group leader or ask Monty.

Modeled after Middle School Summer Stretch, **Senior Summer Stretch** will once again make an appearance in Summer 2020. After a great test program last summer, we'll be back at it again, with an afternoon of off-site service, followed by an evening activity. For example, last year we helped out at several local human services organizations, and finished the night at CanCan Wonderland and the Vali-Hi drive in.

We're investigating a leadership camp option in summer 2020 and plugging interested Sr. High leaders into our 2019/2020 Children and Youth Ministry programs as well.

Calling All ELCA College and University Alumni!

Sunday, Oct. 6 from 6 - 7:30 pm, Garden Room

Trinity is part of a denomination that includes 10,000 congregations and 26 colleges and universities. So we invite you to please join us for supper on Oct. 6 as we encourage Trinity High School juniors/seniors and their parents to consider an ELCA school.

Wear your spirit wear! Fly your colors! Rings! Beanies! Sweatshirts! We would like to send you an invitation, so if you are a graduate of an ELCA college or university, please let us know who you are.

Contact Pastor Chris (Concordia), Pastor Peter (Augsburg) or Monty Lysne (Concordia) by calling the Church Office at 651-439-7400.

D**ONUTS**
& discussion

faith formation—adult



Adult Faith Forum on Sundays 10:30-11:30 am, Garden Room

How can we become better neighbors, authentically welcoming all, without judgement or requirements. One way is to get to know our neighbors and learn what is important to them. Join us during Sunday morning Adult Faith Forum to learn about who our neighbors are, listen to their stories, and learn how we can become better, more compassionate neighbors. *Questions? Contact Penny Catlin at pccatlin@juno.com.*

Please Won't You Be My Neighbor Series:

Sept. 22 – What does it mean to be a neighbor? Hospitality & the Stranger and Kinship & Kingdom from Work of the People

My neighbor is experiencing mental illness.

Sept. 29 – In our Own Voice – NAMI
Two speakers will share compelling personal stories about living with a mental illness.

My neighbor is experiencing homelessness.

Oct. 6 – Economics of Perpetual Poverty: Working hard and being broke!

Presenter is Peter Kilde, Executive Director of the West Central Wisconsin Community Action Agency, Inc. (West CAP) since 1995. West CAP develops and manages low-income housing projects, operates homelessness intervention programs, weatherization, food security, the JumpStart car ownership program, and various sustainable community initiatives.

Oct. 13 – Poverty: What we can do about it!

Trinity is hosting a panel discussion on what steps we can take to reduce poverty. Guest panelists include: Trisha Kauffman, Executive Director of Solid Ground; Tracy Maki, Chief Executive Officer, Valley Outreach; Jenny Mason, Executive Director at St. Andrew's Community Resource Center.

My neighbor is LGBTQ.

Oct. 20 & 27 – My Neighbor and Trans Theology

Receiving the Theological Gifts of Transgender Christians: Mary Lowe, of Augsburg University, and Marty Wyatt, Luther Seminarian. In these two forums we will explore some of the gifts that transgender Christians are giving to the church. Many celebrate that humans are a unity of body-mind, and they welcome the Holy Spirit's gifts of plurality and freedom. In addition, others affirm their God-given creativity and deeply trust in God's steadfast love of each individual. Mary Elise Lowe is Chair of the Religion Department at Augsburg University. Marty Wyatt is a M.Div. student at Luther Seminary.

faith formation—adult

My neighbor is experiencing addiction.

Nov. 3 – My neighbor is experiencing addiction

The biology, shame, and stigma of the disease of addiction and substance abuse. The need for compassionate action.

My neighbor is a different faith.

Nov. 10, 17 & 24 – Interfaith ELCA – Statement on Interfaith

What does our church have to say?

Dec. 1, 8 & 15– Speakers from Muslim, Native American, and Jewish faiths

How do other faiths practice their relationship with God and all of God's creation? Presentation from leaders of other faiths and world religion videos.



Trinity Library Team

The Trinity Library is located in Room 114, on the lower level of the church. It is just inside the 3rd Street entrance. You are welcomed to visit the Library daily, whenever the church is open. If you come Monday mornings from 9-11 a.m. the library volunteers are happy to welcome you and assist you. The Trinity Library Team volunteers enjoy planning events to highlight the many resources that enrich learning and provide pleasure reading for adults and children. Examples of events include Brownies & Books, author events, presence after services in the Narthex, Faith Formation class visits and Trinity Library open houses.

The Trinity Library works cooperatively with ministries of all ages. Volunteers strive to provide resources that encourage the study of God's Word and the growth of each person's relationship with God. The children's section includes board books, picture and chapter books, both Christian and secular, which help kids see God in all parts of their lives. There are also DVDs and CDs available. The children's section is delightfully painted with murals, creatively-painted tables and chairs, and well-labeled shelving.

The adult non-fiction section contains a variety of topics, such as Christian living, self-improvement, marriage, parenting, family life, autobiographies, and women's issues. The fiction section, both Christian and secular, grows constantly through recommended purchases and current Book Club donations. There are a variety of resources available to assist with daily needs including: grief, theology references, Biblical concordances, Bible study materials for individual or small group use, LBGTQ, gratitude, hobbies. The Trinity Library is also fortunate to have a large Hazelden Recovery Resource collection.

The Trinity Library operates with the help of an all-volunteer support staff. If you have ever thought it would be fun to help out in the Library, please join this exciting ministry!

Trinity and community members are all welcomed to "Check Us Out!" For more information contact Norma Wilson at dwilson804@aol.com or 651-470-5124 (mobile).

outreach and missions

Outreach Missions Team

The Outreach Missions Team supports the vision of Trinity: providing an environment where people of all generations can live as Jesus in the world, loving God and loving neighbor; participating regularly and utilizing their strengths; teaching about the Accompaniment model of mission and ministry. The team encourages the many healthy small group mission activities led by individuals with passions in varied areas. The board has fiduciary responsibility for all funds designated to Missions. *Board chair: Michele Hermansen, michele2255@gmail.com, 612-868-2255; Treasurer: John Hodler, johnhodler@gmail.com, 651-343-4638; Secretary: Sandy Wendt, sjwendt46@gmail.com, 651-430-2419.*

International Mission Strategy

The vision for international mission has three primary elements currently centered in walking alongside our Tanzania mission partners: our Companion Congregation relationship with the Mwatasi Lutheran Church in the rural high country of the Iringa district; providing Secondary School and College Scholarships for students from Mwatasi; and the medical ministries started by Dr. Mark Jacobson in Arusha. We also maintain involvement with partner organizations such as Iringa Hope (savings & loan, agriculture cooperatives), St. Paul Partners (water engineering), water projects in Mwatasi village as a whole, and Global Health Ministries. Contributions to Tanzania Scholarships are welcomed throughout the year in any amount. Current scholarships average \$450 per student. Our goal is to sponsor 16-20 students per year. Scholarship

commitments are made each November for the coming year. *For more information about our Tanzania efforts, contact Michele Hermansen.*

Local Mission Strategy

The vision for local mission is currently being refined, centering on Housing Issues. Within the framework of Accompaniment, or walking alongside our various partners, the core areas related to Housing that are recommended include Youth; Community Partnerships; Support of Documented Refugees; and Policy, Systems and Justice Solutions. *For more information about housing initiatives, contact John Hodler.*

COMMUNITY EVENT:

Homelessness & Affordable Housing: Awareness & Action to find Solutions!

Tuesday, Oct. 15 at 5:30 pm
Stillwater Public Library

This community call to action, hosted at our public library, is sponsored by Ascension Episcopal Church, St. Paul Lutheran Church, Trinity Lutheran Church, St. Peter's United Church of Christ and MICAHA (Metropolitan Interfaith Council on Affordable Housing). Appetizers by Rivertown Inn followed by program: Deepen, Discuss & Commit. See Page 18 for adult faith forums in our series: Education and Action to Reduce Poverty and Homelessness for My Neighbor.

Angel Tree Christmas Gift Ministry

Late-November to Early December
The Angel Tree gift ministry provides gifts for children and gift cards for care-givers of children whose parents are incarcerated. In addition to providing the gifts themselves or donating money for gift cards, volunteers are needed

outreach and missions

to help sort and deliver gifts.

Coordinator for Angel Tree is now Wendy Worner: 651-436-7420 or wworner@earthlink.net.

Anuak Refugee Support – Benefit Concert Nov. 3, 5 pm at Trinity
Trinity is supporting Anuak refugees who have escaped civil war, persecution and drought in Ethiopia, in partnership with other churches and Pastor Gilo Agwa Gora who lives in Stillwater and has an office at First Presbyterian. The congregation of Anuak refugees currently meet in Roseville and have great need for transportation. We have been helping them prepare to buy and own a van. Highlight of the concert will be the Anuak choir, with additional performances by the choirs from First Presbyterian, Trinity, Trinity's Children's Choir, Valley Chamber Chorale, and Our Saviors. Dinner will be served in the Garden Room after the concert. *Questions? Contact Heidi Kriesel-White at heidiskwhite@hotmail.com.*

Last Sunday Supper

Last Sunday of each month at Ascension Episcopal – serving next Dec. 29, setup 4 pm, meal 5 pm
Trinity partners with Ascension Episcopal and First Presbyterian and takes turns providing meals for our community a number of Sundays each year. Volunteer to set up, serve and clean up—or just come to enjoy a great meal with neighbors. *Josh Longnecker is our chef and coordinator: jnlongy@msn.com or 651-263-6803.*

Second Harvest Heartland Commodity Food Program and Nutrition Assistance Program for Seniors (NAPS)

First Monday of month
Helping to fight hunger here in

Church Office 651.439.7400

the valley by delivering 35 pounds of food supplies to local families in need, this team meets at Valley Outreach to receive boxes and then delivers them to local residents. *Please contact Chuck & Joan Newman at 651-436-8609 or chuckjoan.newman@comcast.net.*

Valley Outreach Food Shelf

Volunteers and donations of food and clothing are needed all year. Volunteer applications and information at: valleyoutreachmn.org. Special events coordinated at Trinity such as the March food drive and Undie Sunday. *Questions? Contact Kathy Hagen at 651-426-7176 or sprucehaagen@comcast.net, or Laura Fredericks at 651-261-3208 or thefreddys@aol.com.*

FUND RAISERS:

Lutefisk & Meatball Dinner

Thursday, Nov. 7 in the Garden Room
Tickets: Adults-\$20; Age 6 years-old through grade 6-\$6; Age 5 years-old and under-Free

Seatings at: 11:30 am, 12:45, 4:15, 5:30, and 6:45 pm

Enjoy a holiday tradition: lutefisk, meatballs, potatoes, lefse, pie and more. Dine-in or take-out. Tickets go on sale Oct. 13. All proceeds benefit missions and outreach programs. Volunteers needed. *Contact Charles Payne at charles.payne@comcast.net or 612-817-2525.*

Parking Lot Fund Raisers

We raise money for outreach ministry programs by selling tickets for parking spaces in Trinity's well-positioned parking lots during events such as art festivals, Lumberjack Days and fireworks. Watch for volunteer requests for upcoming events. *Questions? Contact Tim Gillis at tingilllis@earthlink.net or 612-860-6916.*

congregational life



Retired Men's Group

The purpose of the Retired Men's Group is to provide opportunities to connect with other men, to promote friendships, and to enhance support for our brothers in faith. We promote opportunities for life enrichment, to serve others through use of our skills and strengths, and for outreach into the community and the world. *Want more information? Please contact John Hodler at johnhodler@gmail.com or 651-343-4638.*

Events are planned for the second Tuesday of each month, except where noted. Here's a sneak peek at our upcoming events, mark your calendar and watch for more details!

RETIRED MEN'S GROUP EVENTS:

Plastic and the Environment with Bonnie Nord, Sustainability Specialist

Tuesday, Oct. 8 at 9 am

Coordinator: Jon Fogelberg

What happens if I press this button: How do you operate a nuclear reactor? with Gary Holthouse

Tuesday, Nov. 12 at 9 am

Coordinator: John Hodler

Merry and Bright with Charles Lazarus—Minnesota Orchestra Hall

Friday, Dec. 20 at 8 pm

Coordinator: Jon Fogelberg

The Outdoors with Dennis Anderson

Tuesday, Jan. 14, 2020, 9 am

Coordinator: John Hodler

Valentine Celebration

Feb. 2020 (date TBD)

Coordinator: Jon Fogelberg

Minnesota Car Show

March 2020 (date TBD)

Coordinator: Roger Bosmoe

Good Friday Breakfast

April 10, 2020, 6:30 am

Coordinator: Roger Funk

The Urban Role of Conservation Districts—Post Farming with Angie Hong, Water Education Senior Specialist

Tuesday, May 12, 2020 at 9 am

Coordinator: John Hodler

congregational life



TRINITY TIRED MEN'S TROUPE

For busy men who want to connect with God and each other

Trinity Tired Men's Troupe (TTMT)

Small groups help form faith and intentional community. We want to create a space for guys to be known, supported, and encouraged in their lives. We are committed to helping each other grow spiritually and live as Jesus in the world, loving God and loving neighbor.

Format for the Groups:

Striving for groups of about 6-8 guys who meet monthly for 1-2 hours, discuss a topic, share highs and lows, and pray for each other. There are a variety of groups meeting in different places, typically the last week of the month. *Questions? Contact Pastor Peter at pwestonmiller@trinitylc.org.*

Wednesday Men's Basketball

Wednesdays, 8-9 pm, Gym

Do you have a heart for hoops? Well, guess what? Trinity has a great gym with new LED lighting! Come get a run in, have some laughs, and meet some new people. No pros needed. All men age 18 and up are welcome! *For more information contact Pastor Peter at pwestonmiller@trinitylc.org or Monty Lysne at mlysne@trinitylc.org.*



Retired Men's Golf

Thursdays at 10 am

Applewood Golf Course

Every Thursday during golf season and weather permitting, we play at Applewood Golf Course. Tee time 10 a.m. Hope to see you there. *Questions? Contact Jerry Nelson at 651-324-3176.*

Women's Bible Study

Tuesdays at 9 am, Living Room

We are studying Kathleen Urtel Johnson's *Whole Bible, Whole Life*. We start with prayer requests, and we pray at the end of our study time together. We read all of the study and Bible readings in class, so we have no homework, and anyone is invited to come as they are able. We are always open to new members. Also, our group has traditionally provided most of the food at the snack table for the Lutefisk Dinner, and most members volunteer together at the dinner as well. *For more information contact Lynn Schurrer at 651-430-1632 or Lschurrer@aol.com.*

Tuesday Morning Book Group

Tuesdays at 9:30 am, Trinity's Library

Join other women in friendship and lively conversation about fiction and non-fiction books covering a wide variety of topics and themes. *For more information contact Penny Catlin at 651-485-8319 or pccatlin@juno.com.*

Women's Talk and Tea

May 9, 2020 at 10:30 am in the Garden Room

A new Trinity tradition in May! Women gather for a lovely morning of tea, refreshments, fellowship and guest speaker. Save the date and watch for more details. *Questions? Contact Zanny Johnson at zjohnson@trinitylc.org or 651-439-7400, ext. 341.*

ADVENT P.A.U.S.E.
Peace And Understanding – a Season to Embrace

Advent P.A.U.S.E. (Peace And Understanding—a Season to Embrace)

December 1-7

Ad`vent" (noun) def. the start or beginning: The season of Advent is the beginning of the story that leads to Jesus. It is a story that transforms lives, and gives purpose, and hope. Created for women of all ages: for friends, family, coworkers, neighbors, and more! Come join other women at a small, relaxing gathering. A variety of dates and locations are offered to fit your schedule. Gather with a warm beverage in hand, pause, and reflect on the wonder of the season. Watch for P.A.U.S.E. sign-up opportunities or call the Church Office beginning in mid-November. *Advent P.A.U.S.E. hostesses and leaders are needed. If interested, contact Karen Gieseke at 651-492-6610 or kgieseke@live.com.*

Women's Retreats

Theme: Our Sacred Selves

Mark your calendars for time away with other Trinity women to be refreshed, spiritually uplifted, make new friends and strengthen connections with "old" friends!

Saturday, Nov. 16: One-day retreat, watch for more details on location and cost.

Feb. 7-9, 2020: Weekend retreat, location: Assisi Heights in Rochester MN, watch for more details.

congregational life



GLOW/AWE Women's Ministry

Two active ministry groups have joined to provide women opportunities to experience God's creation through adventure, learning, sharing ideas and developing friendships. GLOW (God Loving Outdoor Women) and AWE (Awesome Women's Events) invite you to be part of the joy of community and faith.

EVENTS:

SONG SHARE

Thursdays, Oct. 3 (Trinity Garden Room) & Oct. 10 (Trinity Living Room), 7-9 pm, FREE

Join us for two Thursday evenings to explore Song Share: Sharing how we listen to music and what makes a song meaningful to us. During each session four pieces of music will be presented with general questions to open up discussion. All materials will be provided.

Please contact Jean Groppoli at 651-436-6810 (leave a message).

HIKE/BIKE/CAMP WEEKEND

Friday evening, Oct. 4 through Sunday, Oct. 6 at Interstate Park, WI (across from Taylor's Falls), Cost: \$40 We will have two campers that can sleep 8. Space is limited, sign up early! Let's enjoy the beautiful fall colors together. Hike along the bluffs of the St. Croix River or bike the Gandy Dancer Trail. Bring an appetizer to share Friday night. Thank you to Jan Anderson who will provide the food for Saturday and Sunday. *To sign up or if you have questions, please contact Jan Anderson at 651-261-9769.*

WOMEN'S CIRCLES

Anna Circle

Meets second Tuesday at 6:45 p.m.
Leader: Kristie Anderson

Dorcas Circle

Second Thursday, 1:30-4:30 p.m.
Leaders: Lois Walton & Betty Wasmundt
Study Leader: Darlene Parent

Leah Circle

Meets second Tuesday at 9:15 a.m. at Trinity (Narthex)
Leaders: Sharon Germain & Phyllis Paulson
Secretary: Sandra Monson
Treasurer: Connie Thalacker

Marion Circle

Second Wednesday at 1 p.m.
Leader: Pat Reinke
Treasurer: Joanne Brown

Martha Circle

Second Thursday at 1 p.m.
Leader: Jeneal Olson
Study Leader: Carol Taves

Rebekah Circle

Second Monday at 1 p.m.
Leaders: Dellzie Hodler & Carolyn Minor
Study Leaders: Rita Lawson
Sunshine Fund: Sandi Steinmetz

Circle Leaders' Covenant

The purpose of this team is to ensure connections and help equip and support leaders so all women in Trinity Circles experience:

- Mutual care and love
 - Atmospheres in which Jesus has an on-going opportunity to transform their lives
 - Encouragement to serve in areas of passion and strength
- To join, please contact Zanny Johnson, 651-439-7400 ext. 341 or zjohnson@trinitylc.org.*

FOOD FOR THOUGHT

Food for Thought

If you enjoy great food and conversation in a small setting, then Food for Thought is for you. Food for Thought has been a small group option at Trinity for many years.

Adult couples of ALL ages are encouraged to participate, share, and grow in faith and friendship by participating in four dinners scheduled between November and April. No need to be a couple to join; invite a friend to create a couple or contact Lizann Skelton to help find someone in our Trinity family to pair with you.

Food for Thought is a fun way to get to know your Trinity family in a casual and conversational setting. The menus are set, and no gourmet experience needed! Casual and stress-free is the theme! *Contact Lizann Skelton at lizannskelton@hotmail.com.*

Dates for 2019-2020

- Friday, Oct. 25 – Meet and Greet. The entire group will kick-off the new season at the home of Glenda & Bill Bjorum
- Saturday, Nov. 9
- Saturday, Feb. 29
- Saturday, April 4

SOLO 55+ PLUS

Singles Group
for Ages 55 & Up

Solo 55 Plus:

Over 55, Single and Active?

2nd & 4th Sundays, 5-7 p.m.

Living Room at Trinity

Please use the 3rd St. (East) doors
Come meet other singles and join us for this thriving faith-based social group. Now, by popular demand, for ages 55 and up!

Regular meetings on the second and fourth Sundays each month, with member activities planned each week! *For a list of events or more information, please send an email to: SOLO55PLUS@gmail.com.*



BRIDGE FOR TRINITY

Bridge for Trinity

First Monday of the Month
8:45-11:45 a.m., Boutwell's
Brownstone A Community Room,
5450 Nolan Pkwy.
\$5/Offering to Trinity

Join us, the first Monday of each month, 8:45-11:45 a.m. at Boutwell's. Advance notice is not necessary. Just come when you can and bring friends for a morning of casual, fun bridge with men and women of all levels.

congregational life



Green Team: Caring for Creation through Service to Church and Community

The Green Team works to protect and cherish God's creation in our Church and in our community.

While the environmental concerns—climate change, food issues, loss of habitat, vanishing species—can seem overwhelming, as a church and as individuals we can educate ourselves, advocate for the environment, and work together to make a difference.

Please contact Sheila Maybanks at doher4@comcast.net.

Group Spiritual Direction

12-week series offered various times throughout the year

“Spiritual direction is like a lazy river...slow moving, unexpected and fluid, while still boundaried. It is a safe place to experience silence, support, and the Holy Spirit.” Group Spiritual Direction series meets every other week for 12 weeks for a total of six sessions. *To find out when the next series begins, contact Zanny Johnson at zjohnson@trinitylc.org or 651-439-7400, ext. 341.*

One & Done Book Club

BOOK: *Dear Church* by Lenny Duncan
Tuesday, Oct. 22 at 6:30 pm, Living Room at Trinity

Looking for a low-commitment, yet thought-provoking book club? Check out the One & Done Book Club. We meet only once per book and then decide what's next. Anyone is welcome! *Questions? Contact Pastor Chris at cbellefeuille@trinitylc.org.*

congregational care

Caring Friends

Caring Friends help Trinity stay in touch with people 75 years and older through intentional, caring relationships. They also host the Celebrating Seniors worship and luncheons. *If you are interested in being a Caring Friend, contact Zanny Johnson at zjohnson@trinitylc.org or 651-439-7400, ext. 341.*

Celebrating Seniors

First Wednesday in December, June & September, 11 a.m.-1 p.m.
Worship Center, Garden Room
Celebrating Seniors are worship and fellowship events for those age 75 and older. Worship together then enjoy a wonderful free lunch and fun program. *Contact Zanny Johnson at zjohnson@trinitylc.org or 651-439-7400, ext. 341.*

Funeral Hospitality Ministry

The Funeral Hospitality team offers comfort and support to bereaved families who choose to host a funeral luncheon at Trinity. The team helps by planning a menu, estimating numbers, obtaining the food, setting up food and beverages, serving guests, and cleaning up. *For more information contact Jean Groppoli at jgropp009@yahoo.com or 651-436-6810.*

Home Communion Friends

Home Communion Friends bring the sacrament of Holy Communion and connection to the homebound on a monthly basis. Communion kits are blessed during congregational worship, training and prayer booklets are provided. *If you'd like to be a Home Communion Friend, or, if you or a loved one would like to receive home communion, contact Kim Dahlgren at kdahlgren@trinitylc.org or 651-439-7400, ext. 309.*



Knitting Ministry



Knitting Ministry

Fourth Thursdays, 10 a.m., Commons
If you love to knit (or would like to learn), join us to make prayer and baptismal shawls, hats, mittens and other items, which are given to people in need in our community and throughout the world. Come whenever you can, or contribute what you make at home. *Contact Lois Walton at 651-439-6948.*



Make a Meal Ministry

MMM! Make a Meal Ministry

Trinity's Make a Meal Ministry provides meals to folks during times when a little extra help and support is needed. *To contribute or for more information contact Zanny Johnson at zjohnson@trinitylc.org.*

Prayer Chain Ministry

Prayer Chain members receive the prayer requests from the Prayer Group and also pray for those concerns. *To join contact Jan Most at 651-436-7264.*

Prayer Group

Tuesdays, 1-2 p.m., Church Office
Trinity's Prayer Group meets weekly to pray for those who have requested prayer. Members are passionate about the impact

congregational care

and importance of praying for the concerns of others and the needs of the world. All prayer requests are confidential. *Contact Darlene Parent at 651-439-5193.*

Prayer Requests

Trinity's Prayer Group welcomes prayer requests from anyone wishing to have a concern addressed through confidential prayer. Please also indicate if you would like to receive a pastoral phone call or visit. *Contact Jeannie Wendorf in the Church Office at 651-439-7400 or jwendorf@trinitylc.org.*

Quilting Ministry

Tuesdays, 3-5:30 pm, Living Room
Make quilts to distribute to those in need, both locally and globally. No quilting experience necessary. Everyone is invited—come every week or whenever you can. Donations of fabric and supplies also welcome. *For more information, contact Zanny Johnson at zjohnson@trinitylc.org or 651-439-7400, ext. 341.*



Sunshine Ministry

A flower is sent on milestone birthdays: 75, 80, 85, 90 and every year thereafter. The Sunshine Ministry is financially supported through the sale of dish cloths and embroidered dish towels. *Dish towels to embroider are available in the Church Office or, if you need them delivered, contact Carolyn Minor at 651-439-7139.*

The Bridge Tai Chi Chuan

Mondays, 6:30-8 p.m., Gym, \$25/month
For people of all levels, Tai Chi offers an exploration of body, mind and spirit connections. Participants will improve:

- Mind/body awareness
- Energy level
- Flexibility
- Balance and coordination
- Concentration
- Lower back strength
- Reduce stress

For more information contact David Teschler at 612-991-5117.



Volunteer Visitation Ministry

The Visitation Ministry program connects Trinity's homebound persons with volunteers who have a heart for, and feel called to, face-to-face supportive visits. These regular points of contact provide encouragement and express God's love to those who aren't able to attend worship or other church activities. Volunteers can also bring the sacrament of Holy Communion and connection to the homebound on a monthly basis. Communion kits are blessed during congregational worship, training and prayer booklets are provided. Volunteers receive training, time commitment: three-five hours per month. *If you would like to be involved in this care ministry, or would like to receive visits, contact Kim Dahlgren at kdahlgren@trinitylc.org or 651-439-7400, ext. 309.*

congregational care



Chair/Flow Combo Class

Oct. 31–Dec. 26 (no class Nov. 28)
Thursdays, 9 am, \$72/8 weeks
Come and experience God's presence through the practice of yoga. All classes in the Narthex. All levels and abilities welcome!
For more information contact Sue Peterson at ToddlinSue2@aol.com.

NAMI EVENTS

Trinity partners with NAMI (National Alliance on Mental Illness) to provide events and resources for those living with or having a loved one with a mental health condition. *For more information contact Jeneal Olsen, NAMI Community Educator, at momjmo@comcast.net.*

In Our Own Voice

As part of ADULT FAITH FORUM
Sunday Sept. 29 at 10:30 am in the Living Room (lower level)
Two speakers will share compelling personal stories about living with a mental illness.

NAMI Game Day

Sunday, Sept. 29
3-6 pm, Garden Room
This is a free event including snacks and opportunities to socialize and/or play games and it's open to all! Bring the whole family!

NAMI (the National Alliance on Mental Illness) offers support, education and advocacy for those living with a mental illness and their families.

AA Meetings

Mondays, 7 a.m.	Weekly Kickoff
Tuesdays, 7 a.m.	As Bill Sees It
Tuesdays, 6 p.m.	Joy of Living
Wednesdays, 7 a.m.	A Step Meeting
Thursdays, 7 a.m.	The Study Group
Fridays, 7 a.m.	Book of the Month
Saturdays, 8 a.m.	Amigos III

All meetings in the Trinity Library
These are open, non-smoking meetings and offer confidential support for people struggling with chemical addiction. Please use the 3rd Street entrance.

Al-Anon

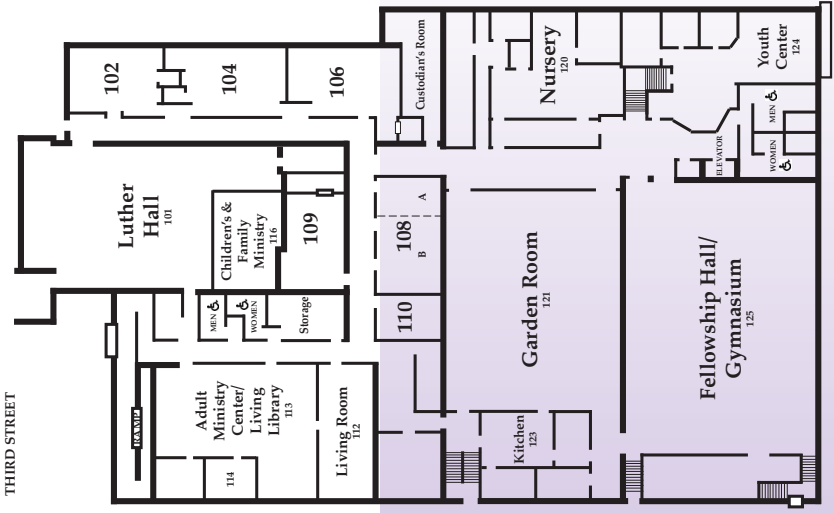
Mondays, 7 p.m. – Library
Thursdays, 7 p.m. – Room 108B (Al-Anon and Alateen meeting)
Fridays, 10 a.m. – Room 108B
Saturdays, 8 a.m. – Luther Hall
Open meeting for family and friends of people struggling with addiction.

Recovery Resource Library

The Trinity Library is home to one of the larger addiction libraries in the St. Croix Valley. The Hazelden Foundation BookAid Program graciously donated the materials. Since everyone is touched by the many kinds of addictions we encounter in life, all are invited to use this valuable resource addition to the Trinity Library. *Contact Norma Wilson at 651-430-2387.*

building map

LEVEL ONE



LEVEL TWO

